Diagnosis and Treatment of Pancreas Tumours





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CONFLICT OF INTEREST DECLARATION

I, Alice Wei declare that in the past 3 years:

I have been a member of an Advisory Board or equivalent with the following companies*: Ethicon, Histosonic, Celgene, Sanofi, Takeda, Bayer

I have been a member of the following speakers' bureau: None

I have done speaking engagements for the following companies*: Sanofi, Celgene

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MANAGING POTENTIAL BIAS

no commercial uses will be discussed



bronto General *pharmaceutical, medical device, or communications companies bronto Western rincess Margaret bronto Rehab

Learning Objectives

 Learn about the incidence of common pancreatic lesions

 Review the diagnosis and management of pancreas masses





Question: Pancreatic lesions

- Incidental lesions are uncommon and decreasing in frequency
- 2. Incidental cystic lesions rarely require surgery
- 3. Mucinous cystic neoplasms require surgery for high risk features
- 4. Solid pancreatic lesions usually require surgery
- 5. Mixed duct IPMNs can be followed if < 3 cm



Pancreatic lesions

- pathology is common
 - pancreatitis
 - **5-10/10000**
 - pancreatic cancer
 - 4th most common cause of cancer death
 - 4600 cases yearly
- pancreatic cystic lesions
 - detection of lesion increasing



Diagnosis of pancreatic lesions

many are incidental

- ~ 50% of pancreatic referrals
- 48% are solid
- 25% require resection
- found in work up of
 - GU symptoms (16%)
 - LFT abnormality (13%)
 - screening (7%) or chest pain(6%)
- When symptoms present
 - Pancreatitis, abdominal pain, jaundice
 - Weight loss, fatigue







Approach to pancreatic lesions

- History and physical
 - history of pancreatitis or CBD stones?
 - history of pancreas cancer?
 - Symptoms?
- Imaging essential
 - US \rightarrow CT \rightarrow MRI \rightarrow Eus /Biopsy





Ultrasound

Safe, inexpensive

- sensitivity is 88% for solid lesions
- surveillance of established lesions
- appropriate screening test

Disadvantages

- Quality is operator dependent
- visualization is limited for:
 - fatty livers
 - obese patients
 - gas overlying the pancreas





simple unilocular cyst



microcystic serous cystadenoma

CT scan

Contrast enhanced CT most useful

- excellent anatomic resolution
 - defines relationship between lesion and vascular structures
 - distant/peritoneal disease
- use pancreas dedicated protocol
 - Arterial/venous phases with coronal, sagittal views
 - thin slices through the pancreas





pancreas adenocarcinoma



MRI scan

excellent for CYSTIC lesions

- Good adjunct to CT for indeterminate lesions
- Addition of gadolinium of primovist contrast helpful for indeterminate liver lesions

MRCP

- confirm cystic nature of lesion
- assess biliary and pancreatic ducts
- relationship of lesion to ducts





simple unilocular cyst



When to biopsy

- Only when tissue needed to guide Rx
 - i.e. to confirm malignancy
 - Cyst fluid analysis
- EUS preferred when surgery is an option
- Biopsy metastases if present
 - liver biopsy n \rightarrow easier
 - confirms stage and malignancy







Pancreas lesions







neuroendocrine



Serous cystic neoplasm



adenocarcinoma

Cystic Lesions of Pancreas

Incidence:

- Autopsy Series 25%
- MRI Series 20%
- Evolving knowledge:
 - Histopathology/classifications
 - Clinical significance
 - Management



Large IPMN





Cystic Lesions of Pancreas

Common

- Pseudocyst
- Serous Cystadenoma
- Mucinous Cystadenoma
- IPMN

Uncommon

- Solid/pseudopapillary epitheliod neoplasm (SPEN)
- Cystic neuroendocrine
- Cystic Adenocarcinoma
- Metastases
- Simple pancreatic cyst
- Lymphoepithelial cyst
- Hydatid cyst
- Mucinous non-cystic tumor
- Osteoclast like-giant cell tumor...



Pseudocyst

- Most common cystic lesion (85%)
 - history of pancreatitis common
- majority are asymptomatic
- Symptoms if present
 - Pain, mass effect
 - Bleeding, Infection
- Rx:
 - Asymptomatic → observation
 - Symptoms → drainage
 - Endoscopic→ percutaneous→ surgical



pseudocyst





Serous cystic neoplasm

- Median age: 60 years
- 75% female
- Median size: 5 cm
- 65% located in the body and tail
- Usually solitary
 - well circumscribed
 - Honeycomb-like structure
- < 1% malignant transformation</p>
- Rx: Surveillance





Serous cystic neoplasm



Mucinous cystic neoplasm

- Thick walled septated cysts
- Median age: 50 years ~75% female
- Usually multilocular
 - NO communication with duct
 - ~ 90% in body/tail
- 18%-48% malignant transformation
 - Older age, wall calcifications, 1size, 1 CEA at risk for cancer

Rx: Surgical Excision

If cancer →5-year OS ~60%





mucinous cystic neoplasm



Intraductal Papillary Mucinous Neoplasm

IPMN

- Incidence with age
- Male > Female
- Benign or low grade malignancy

3 variants

- main duct
- side branch
- combined/mixed type





Intraductal Papillary Mucinous Neoplasm

- Presentation depends on morphology
 - Asymptomatic → side branch
 - Pancreatitis → main/combined type
 - 1 Amalignancy¹ with
 - High risk stigmata
 - Worrisome features
- if malignant→ pancreatic adenocarcinoma
- Surgery to PREVENT malignancy



main type IPMN



combined type IPMN



Proportion of malignant IPMN at UHN (2000-2012)



20

Fukuoka algorithm for IPMN (2012)



Solid pseudopapillary epithelial neoplasm (SPEN)

- Rare, 90% in young woman
- peak incidence 3rd decade
- Asian and African predilection
- majority are benign (85%)
- arise from unknown cell of origin
- Rx: surgical resection









Simple pancreatic cysts

- not very common
 - sporadic→ usually isolated
 - familial or syndromic variants
 - PCKD, VHL
- Natural history not clear
- Rx: recommend lifelong surveillance



Simple cyst

interval? 6-24 months?



Management of pancreatic cystic neoplasms





Classification of solid pancreatic

lesions



10% of pancreatic masses



Pancreatic Carcinoma...coming up next











Princess Margaret Hospital





Toronto General Hospital