### Genetic Markers of GI malignacy

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## Hereditary diffuse gastric cancers as a model to discuss

- The genetic basis of GI cancer susceptibility
- The clinical spectrum of familial GI cancers
- The clues for the identification of high risk families
- The benefits of aggressive management
- Issue for counseling: ie: non penetrance and new mutations





Intestinal metaplasia: The precursor lesion for intestinal type gastric cancers



Precursor lesion not known



Helicobacter pylori infection may be a prerequisite for gastric cancer development

#### Gastric Cancer: Familial Risk

- Relative risk for first degree relatives 2.09 (breast 1.83, colon 2.67)
- Gastric cancers seen in HNPCC kindred (79% intestinal) and Li Fraumeni syndrome
- Autosomal dominant susceptibility for diffuse gastric cancer has been known as clinical entity for many years





#### E-cadherin in HDGC

• In 1998 Parry Guilford described three Maori kindred with HDGC on the basis of germline truncating E-cadherin mutations











A recurrent E-cadherin mutation C1003T truncating mutation : family 2 8 gastrectomies in mutation carriers 7 with cancer 1 gastrectomy performed before genetic testing

# Clues to proband identification for any hereditary cancer syndrome

- Unusual patient: young age 💥
- Unusual history: multiple tumours of the same type or from the tumour spectrum of a HCS (lobular breast and DGC)
- Unusual pathology (In-situ SRC) 🗱
- Family history 🔆

\* Apply to hereditary diffuse gastric cancer

### Criteria for CDH1 mutation testing modified to reflect current data.

Modified Testing	1.Family with two or more cases of GC, with at
Criteria	least 1 DGC diagnosed before the age of 50.
	<u>(&gt;30%)*</u>
	2.Family with multiple LBC with or without
	DGC in first or second degree relatives
	(unknown)*
	3.Isolated individual diagnosed with DGC at
	less than 35 years from a low incidence
	population (>10%)*
	4. Isolated personal history of both DGC and
	LBC (unknown)*
*Percentage of expec	ed positive results.



#### Incidence of Cancer in CDH1 Mutation Carriers

- Data from 476 individuals from 11 families
- Life time cumulative risk 67% for men and 83% for women
- Lifetime risk for breast cancer 39% (RR6.6) gastric cancer risk five times that of breast cancer
- Potential association with signet ring carcinoma of the colon
- Note : expect the penetrance figures to drop

#### Management options for germline E-cadherin mutation carriers

- A) Prophylactic gastrectomy
- B) Endoscopy (chromoendoscopy)
- C) Watch and wait

#### Endoscopy: chromoendoscopy

- Recommended twice a year for at risk individuals from families who tested negatively and mutation pos individuals from missense mutation families
- May buy time before considering surgery
- Best option for elderly or poor surgical risks
- Unlikely to detect all cancers but may detect cancers before they are clinically relevant

#### Proph gastrectomy

- Reasonable option for unaffected mutation positive individuals
- To be performed by expert surgeon (?definition) after counseling by surgeon and dietician
- Total gastrectomy essential
- Mortality <1% (best guess)



Currently 22/23 prophylactic gastrectomies reviewed in total had occult DGC's

Maps of 6 prophylactic gastrectomy specimens. Cancers shown in red.

H. pylori infection present in NZ cases only

All cancers were very superficial, the rate of progression of these lesions and the the secondary mutations required for invasion of the muscularis propria are



In-situ signet ring carcinomas seen in 8 of ten prophylactic gastrectomy specimens: ? The precursor lesion for all diffuse gastric cancers







#### Lobular breast cancer summary

- In CDH1 >90% of breast cancers in proven mutation carriers are lobular
- Parts of many families have more breast than gastric cancers
- As all families so far were ascertained through their gastric cancer have we underestimated the importance of germline E-cadherin mutations in lobular breast cancer susceptibility?

#### HDGC: knowledge deficits

- What causes the cancer susceptibility in the mutation negative families?
- Are all mutations equally penetrant or do phenotype genotype correlations exist?
- Can endoscopy or chromoendoscopy be relied upon to detect gastric cancers before they metastasize ? (maybe not)
- Could aggressive H. Pylori eradication reduce cancer risk? (no) Once the gastric cancer risk is removed will other cancer risks emerge?
- How should the lobular breast cancer risk be handled? (MRI)
- Could chemoprevention help, for instance with de-methlyating agents or tamoxifen?
- Will E-cad mutations be found in families with LBC but no gastric cancer?
- What is the real penetrance?





#### Placentia bay family

- 29 gastric cancers
- 11 breast cancers
- Expanding rapidly
- Ideal for penetrance studies
- Gene environment interactions



#### **Clinical objectives**

- Evidence based management guidelines
- Through education reducing the number of young people who have to develop cancer in a family before a referral is triggered and cancer risk reduction strategies are implemented





#### Clues to proband identification for any hereditary cancer syndrome

- Unusual patient: young age
- Unusual history: multiple tumours of the same type or from the tumour spectrum of a HCS.
- Unusual pathology:
- Family history
- For every GI cancer there is a hereditary cancer syndrome



#### Genetics of hereditary CRC

- FAMILIAL ADENOMATOUS POLYPOSIS (FAP)
- · Hereditary non-polyposis colon cancer syndrome HNPCC or Lynch syndrome
- Others (attenuated FAP etc)
- Clinical followup of high risk families saves lives
- Genetic testing stratifies risk within families and therefore saves money (this is preventative medicine and therefore difficult to fund)

#### **Clinical Features of FAP**

- Estimated penetrance for adenomas >90%
- Risk of extracolonic tumors (upper GI, desmoid, osteoma, thyroid, brain, other)
- Untreated polyposis leads to 100% risk of cancer





#### De Novo Germline Mutations in FAP when it quacks like a duck



mutations occur in ~30% of FAP cases

























#### <u>Aldred Scott Warthin, M.D., Ph.D. (1866-1931)</u> The father of clinical cancer genetics

<u>A Renaissance Man</u> -physician, musician, teacher, writer, editor and, above all, a remarkably creative physician-scientist.



Archives of Internal Medicine 12:546-555, 1913 HEREDITY WITH REFERENCE TO CARCINOMA AS SHOWN BY THE STUDY OF THE CASES EXAMINED IN THE PATHOLOGICAL LABORATORY OF THE UNIVERSITY OF MICHIGAN,

1895-1913 \*

ALDRED SCOTT WARTHIN, M.D. ANN ARBOR, MICH.

The statistical study of carcinoma is regarded by many writers as having been carried as far as it can be profitable; and certainly but little that is new has been gained through this method during the last decade. Nevertheless, its possibilities have not been exhausted; and it is highly





#### Conclusions

- HDGC is very similar to other cancer susceptibility syndromes
- Mutation testing can identify individuals who could benefit form aggressive management
- Studying rare diseases can teach us things about more more common ones

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