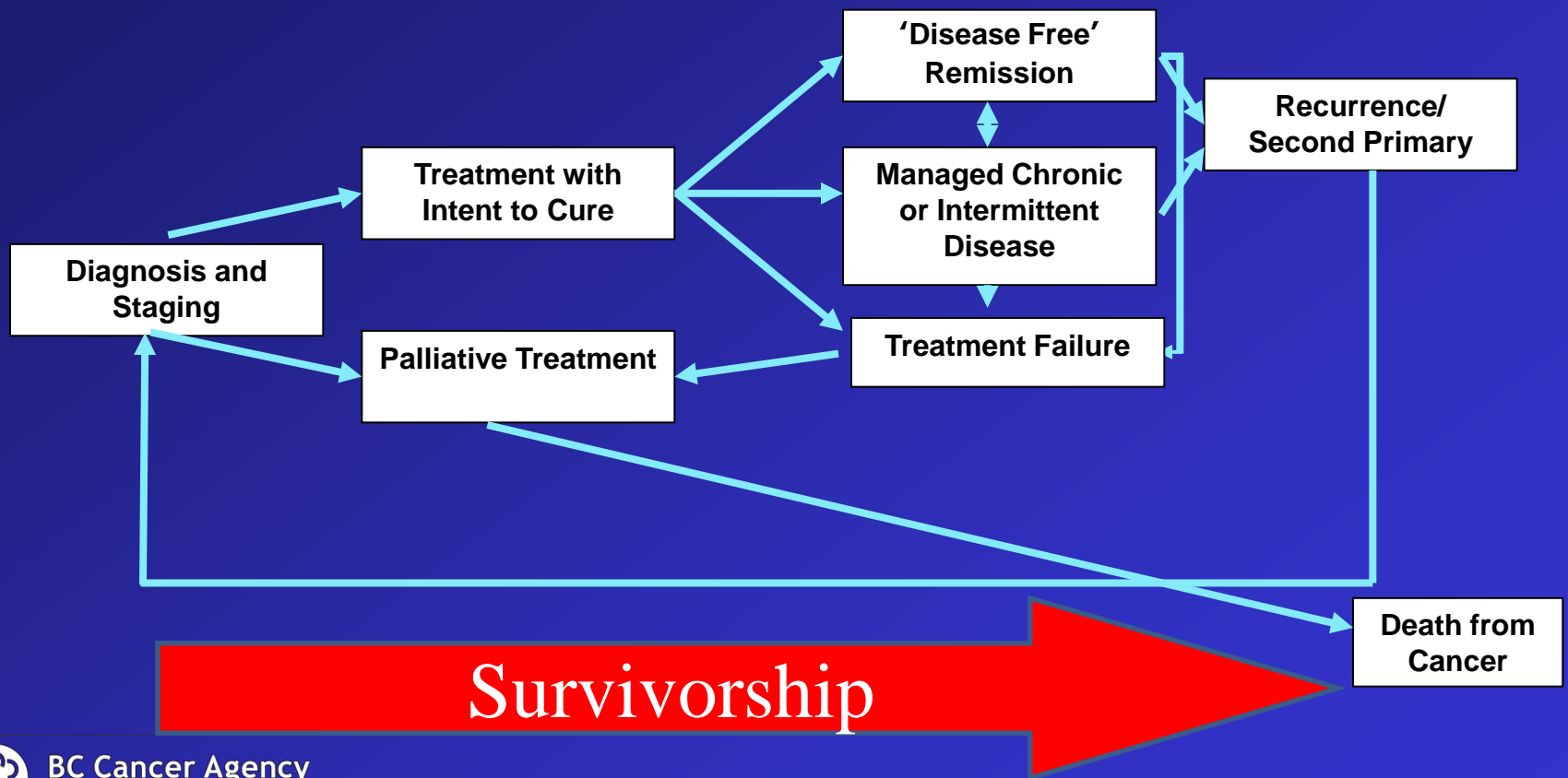


Provincial Survivorship Forum 2014

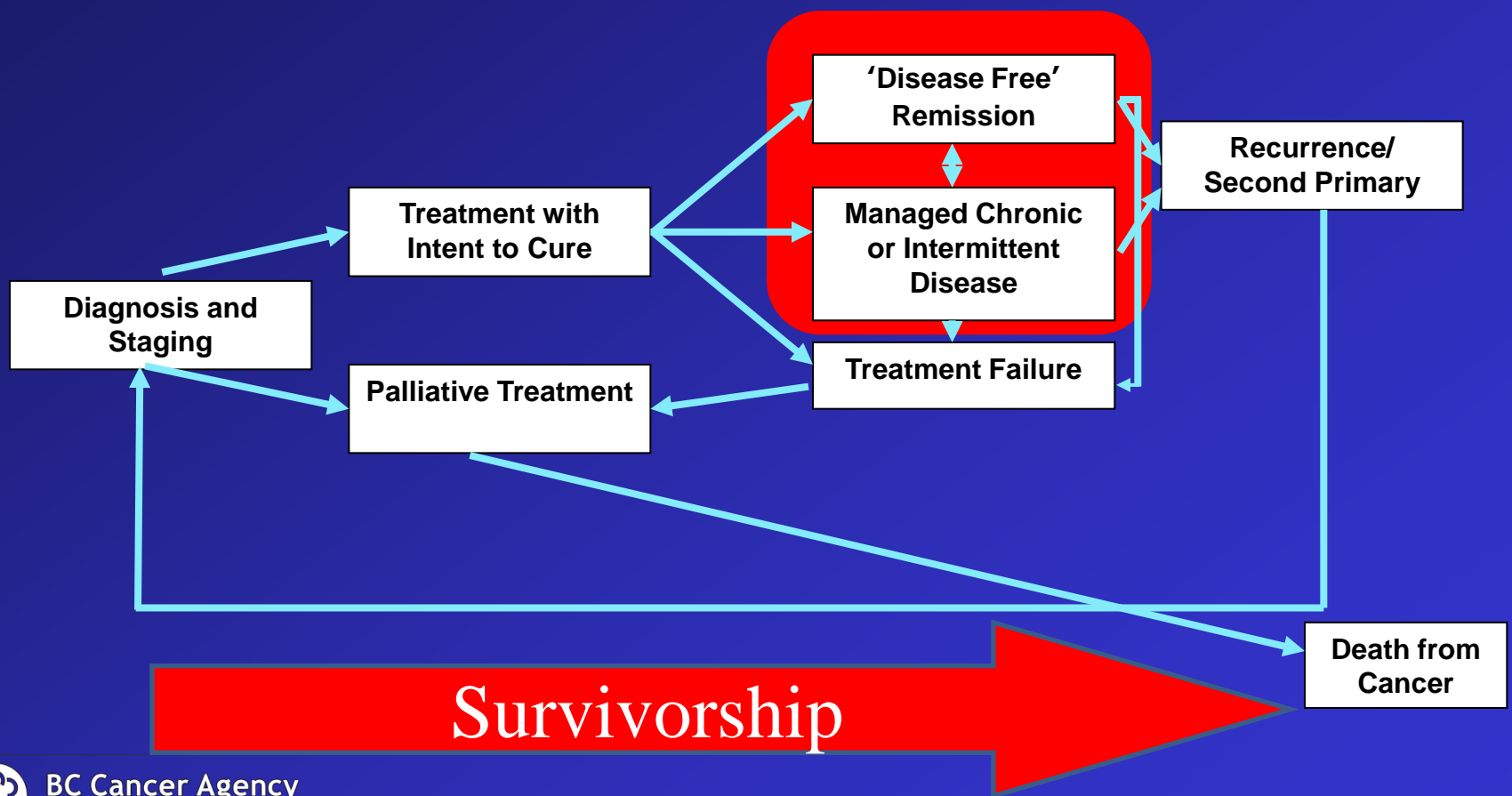
Dr. Frances Wong
BCCA-Fraser Valley Centre
September 22, 2014



From diagnosis until end of life



From diagnosis until end of life

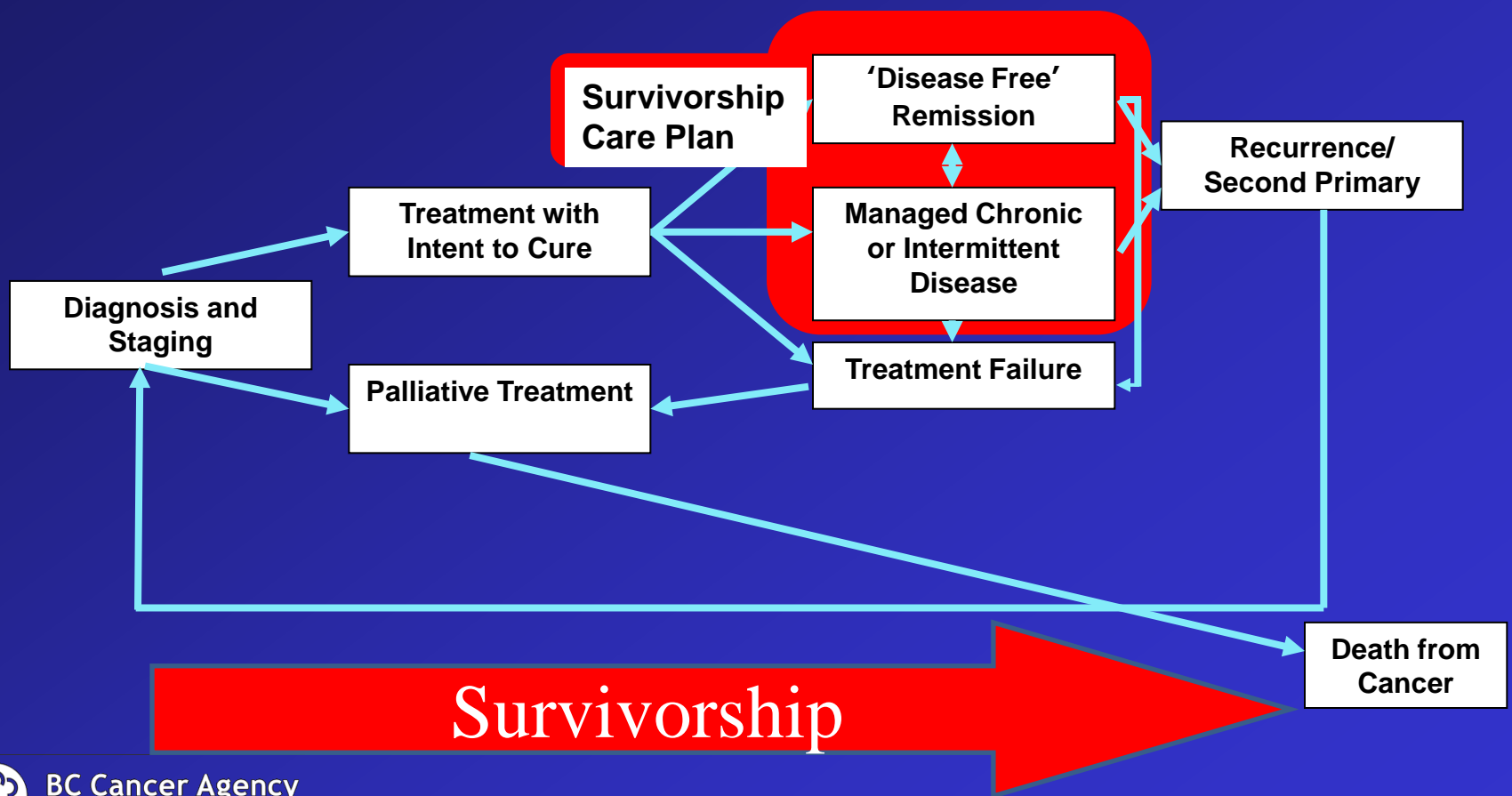


Survivorship Care

- Institute of Medicine (IOM) – USA
 - Essential components:
 - Prevention of recurrent and new cancers, & of other late effects
 - Surveillance for cancer spread, recurrence, or second cancers
 - Assessment of medical and psychosocial late effects
 - Intervention for consequences of cancer & its treatment
 - Coordination between specialists & primary care



From diagnosis until end of life



Survivorship Care

- Institute of Medicine (IOM) – USA
 - Elements to include in a Survivorship Care Plan:
 - Cancer type, treatments received & their potential consequences
 - Specific information about the timing & content of recommended follow-up
 - Recommendations regarding preventive practices & how to maintain health & well-being
 - Information on legal protections regarding employment
 - The availability of psychosocial services in the community



Survivorship Care Plans

- Resources & tools
 - presented by Drs Fryer, Campbell, and Cormie
- Survivorship Care Plan contents
 - Presented by Dr. Arminee Kazanjian
- Research projects conducted at BCCA-Fraser Valley Centre: Process of providing SCP



Breast Cancer Survivorship: South Asian Women's Understanding of the Follow-up care & their perspectives & preferences for information post-treatment

- Savitri-Singh-Carlson, LeeAnn Martin, Sonia Kim Anh Nguyen
- Colleen Sherriff, Gurpreet Oshan
- BC Cancer Foundation



Breast Cancer Survivorship: South Asian Women's Understanding of the Follow-up care & their perspectives & preferences for information post-treatment

- 24 participants for qualitative inquiry
- Focused group & individual interviews
- Perceptions of contents similar to other Canadian studies
- Mindful of “Quiet acceptance”
- Conducting a psychological assessment of depression & distress important



Breast Cancer Survivorship Care tailored to South Asian Women

- Savitri Singh-Carlson, Sonia Kim Anh Nguyen
- Colleen Sherriff, Gurpreet Oshan
- BC Cancer Foundation



Breast Cancer Survivorship Care tailored to South Asian Women

- 257 questionnaires sent to SA breast cancer survivors
- Compared with similar questionnaires sent to a predominantly Caucasian cohort
- Post-treatment effects & social emotional impacts similar cross ethnicity
- High compliance rate regarding adjuvant hormonal therapy and visiting family physicians as planned
- Cultural insights, such as the importance of family, influence survivorship care



Implementation & Evaluation of a Breast Cancer Survivorship Care program tailored to SA Women

- Savitri Singh-Carlson, Sonia Kim Anh Nguyen
- Colleen Sherriff, Kris Trevillion, Gurpreet Oshan
- BC Cancer Foundation



Implementation & Evaluation of a Breast Cancer Survivorship Care program tailored to SA Women

- Survivorship Care Plan Template and resource package designed & translated
 - Diagnosis & treatment section in plain language
 - Resources
 - English and Punjabi language
 - Includes Letter From Your Oncologist – summary of main message
- Nurses prepared the individualized SCP package
- Nurses delivered the SCP with interpreter assistance
- Information on sexuality & mental health presented in a culturally acceptable manner
- Copies of SCPs followed by questionnaires sent to family



Implementation & Evaluation of a Breast Cancer Survivorship Care program tailored to SA Women

- Knowledge gained about SCP implementation for breast cancer patients
- Data is being analyzed
- Resource intensive to deliver SCP for all discharged patients
- SCP has been implemented only at some cancer centres
- SCP is not implemented as standard care at BCCA



Sustainable implementation of Survivorship Care Plans

- Arminee Kazanjian, Helena Daudt
- Mara Long, Angela Bedard, Devon Poznanski
- Colleen Sherriff, Joy Bunsko
- Canadian Centre for Applied Research in Cancer Control (ARCC)



Sustainable implementation of Survivorship Care Plans

- To compare two approaches of SCP implementation
- Breast cancer patients at discharge when adjuvant therapies are completed at cancer centre
- SCP template based on one designed for SA study
- Conventional arm: nurse prepared tx summary
- Innovative arm: self prepared treatment summary



Sustainable implementation of Survivorship Care Plans

- 17 innovative, 16 conventional participants enrolled
- Only 9 innovative and 14 conventional participants discharged
- Only 5 innovative and 11 conventional participants completed the post SCP Continuity of Care questionnaires



Sustainable implementation of Survivorship Care Plans

- At discharge:
 - Conventional participants (>50%) indicated a lack of understandings with the name of their cancer and available support resources
 - Innovative participants (25%) had questions and wanted to talk to someone
- After discharge:
 - Both reported some degree of dissatisfaction with “knowledge of communication between cancer centre and family doctor”



Sustainable implementation of Survivorship Care Plans

- Nursing resource required
 - Average 41 minutes to prepare treatment summaries
 - Similar SCP appointment time (approx. 60 minutes)
- For innovative participants
 - Only 4/8 prepared own treatment summaries: 2 completely and 2 partially



Information to support women completing treatment for newly diagnosed Ovarian Cancer

- Lee Ann Martin, Arminee Kazanjian
- Marilyn Paradis, Angela Bedard, Devon Poznanski
- Ovarian Cancer Canada (Tracy Kolwich)



Information to support women completing treatment for newly diagnosed Ovarian Cancer

- Starting September 2013, every patient completing chemotherapy is provided with survivorship information package (YANA) and “Letter from Your Oncologist”
- Patient Continuity of Care Questionnaire sent to 104 patients before implementation (historical cohort) and after implementation (new information cohort)



Summary

- Plenty of guidelines of what needs to be done
- Lack of resources to implement what is ideal
- Research and feedback from survivors needed regarding the most efficient ways of implementation of SCP



ขอบคุณ

Teşekkürler

Hvala



Grazie



Merci



Bedankt

THANK YOU



Obrigado!

Vielen Dank

شكراً

Köszönettel

תודה

Díky



Gracias

