

# Cancer Survivorship

The background of the slide is a solid teal color. Overlaid on this background is a faint, stylized image of two hands shaking, rendered in a slightly darker shade of teal. The hands are positioned diagonally across the frame, with one hand reaching up from the bottom left and the other reaching down from the top right.

The nursing experience

BCCA Provincial Survivorship Forum – 22 September 2014

# The Good News and What it Means

- The good news – more cancer survivors
- What that means:
- Information needs – follow up, recurrence surveillance, late side effects, self care, prevention
- Support needs

# My Role

- Fraser Valley Centre – Breast Cancer Care Coordinator
- Nurse researcher for the South Asian Breast Cancer Survivorship and the Sustainable Implementation of Survivorship studies
- Last health care professional to see patient following discharge from FVC for study patients

# Readiness for Survivorship

- Termination of relationship with cancer centre
- Confidence in community care
- Self advocacy for follow up
- Emotionally ready for discharge

# South Asian Breast Cancer Survivorship Study

- Information in patients preferred language
- Assisted by interpreter, if needed
- Most accompanied by family member or friend
- Cultural sensitivity of information provision

# The Conversation – What did or didn't work

- Level of concern for patient prognosis
- Supporters/transportation
- Interpreters and language

# Sustainable Implementation of Survivorship Study

- English speaking only
- Most attended alone
- Two arms - one arm patients responsible for obtaining diagnostic and treatment information

# The Conversation – What did or didn't work

- Discussion of coping easier
- Innovative arm information incomplete
- Incomplete understanding of information
- Desire to leave centre once oncologist appointment complete



# Thanks for listening!

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