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PALMER PLANTAR ERYTHRODYSESTHESIA (PPE)

Normal	
What was the condition of your skin	
before treatment?	
Onset	
How long after treatment did your	
symptoms begin?	
What did they first look like?	
Provoking / Palliating	
What makes the symptoms better?	
Worse?	
Quality (in last 24 hours)	
Can you describe the sensation in your	
own words?	
Do you have any tingling, burning or	
pain? Is the sensation constant or	
intermittent?	
Region / Radiation	
What areas are affected? Does it appear	
the same on both sides of your body or	
differently?	
Severity / Other Symptoms	
• How bothersome is this symptom to you?	
(0-10 scale) What is it now? At worst? At	
best? On average?	
Have you been experiencing any	
symptoms such as fever, discharge or	
bleeding from lesions and/or blisters?	
Treatment	
• How have you been managing? (Creams,	
ointments, pain medications, dressings).	
How effective are they? Any side effects?	
When was your last cancer treatment?	
• What cancer treatment are you on?	
Understanding / Impact on You	
How is this skin condition impacting your	
activities of daily living (ADLs)?	
Do you need any support in	
understanding or managing your	
symptoms?	
Value	
What is your comfort goal or acceptable	
level for this symptom (0 – 10 scale)?	
Created: January 2010 Baviaed: Fabr	