

Breast Screening Reminder
This is your first reminder notice

16 Sep 2021

Health care provider on record:

MY TESTING4
711 - 750 W BROADWAY
VANCOUVER, BC V5Z 1H6

JAGGER PLISBVDU

Last Screening Exam Date:

03 Aug 2021

ID: CAS95 [REDACTED] 03

Dear My,

Our records indicate that you are due for your next screening mammogram. Screening mammograms can find breast cancer early – when there are more treatment options and a better chance of survival. Research has shown a 25 per cent reduction in deaths from breast cancer among those who go for regular screening mammograms.

How to Book Your Mammogram

Online
Go to www.screeningbc.ca/bookbreastscreening and use your unique online booking code: 0001397-Q9V-J2D
You will be able to see available appointment times at your preferred Breast Screening Centre or mobile stop.

Phone
Book directly with a Screening Centre below or call the Client Services Centre at 1-800-663-9203 for other locations, including communities visited by the mobile mammography service.

Abbotsford	604-851-4750	Nanaimo	250-716-5904	Victoria	
Burnaby	604-436-0691	North Vancouver	604-903-3860	305 – 1990 Fort Street	250-952-4232
Coquitlam	604-927-2130	Penticton	250-770-7573	Victoria General Hospital	250-727-4338
Courtenay	250-331-5949	Prince George	250-645-6654	Vancouver	
Delta	604-877-6187	Richmond	604-244-5505	505 – 750 West Broadway	604-879-8700
Kamloops	250-828-4916	Surrey	604-582-4592	5752 Victoria Drive	604-321-6770
Kelowna	250-861-7560	Vernon	250-549-5451	BC Women’s Health Centre	604-775-0022
Langley	604-514-6044	White Rock	604-535-4512	Mount St. Joseph Hospital	604-877-8388

Client Services Centre hours: Monday to Friday 8:00AM–5:30PM and Saturday 8:30AM–4:30PM.

Please have your BC Services Card/CareCard and the name of your current health care provider available when calling to book your appointment. If you have accessibility needs, please advise so we may book the correct amount of time and ensure that your needs can be met.

Please disregard this notice if screening is not appropriate at this time due to your current health circumstances. If you have any questions or concerns about your health circumstances or to learn about the benefits and limitations of screening mammography, please speak with your health care provider.

I hope you will consider booking your mammogram today.

Sincerely,

Dr. Colin Mar, MD
Medical Director, Breast Screening Program
BC Cancer

When should I go for my mammograms?

If you have one 1st degree relative (mother, sister, daughter, father, brother, son) with breast cancer you should have a mammogram every year. If you don't have a family history of breast cancer, you can have a mammogram every two years.

Are there situations where I should not be getting a screening mammogram?

If you have been either diagnosed with breast cancer, have breast implants, are pregnant, been breastfeeding within the last 3 months, or have had breast surgery in the last 3 months, then screening may not be right for you at this point and time. Please speak with your health care provider to discuss your screening options.

I can't find any available appointment times at my preferred Breast Screening Centre. What should I do?

Some Breast Screening Centres are experiencing lengthy wait-times. You may need to search several months from the current date to see available appointments. Alternatively, you could search for appointment times at other Breast Screening Centres near you.

Should I get a mammogram if I recently received, or plan to receive, the COVID-19 vaccine?

There is some emerging evidence that COVID-19 vaccines can cause an abnormal screening mammography result for benign reasons (i.e. not due to cancer). We are monitoring this evidence in addition to our own program data. We recommend you proceed with booking your new screening appointment and we will document your vaccination history at the time of your screening appointment.

Is the mobile mammography unit coming to my community?

To ensure the safety of patients and health care providers during COVID-19, the mobile mammography unit is operating a modified schedule that limits the amount of travel between communities in BC. Please visit the Clinic Locator at www.screeningbc.ca/breast for up to date schedule.

I've noticed some changes in my breast. What should I do?

If you notice any new changes in your breast such as a lump or nipple discharge, please speak with your health care provider immediately to determine if other testing is required, even if you have an upcoming appointment. Screening mammography is a non-urgent test that is intended for those with no symptoms.

Questions about notifications from BC Cancer Screening? Please visit www.screeningbc.ca/notifications

Your personal information is collected and protected from unauthorized use and disclosure, in accordance with the Personal Information Protection Act and, when applicable, the Freedom of Information and Protection of Privacy Act, and may be used and disclosed only as provided by those Acts. The personal information is used to provide medical services, and to provide Breast Screening Program support to patients. The information collected is used for quality assurance management and disclosed to healthcare practitioners involved in providing care or when required by law. In addition, the Breast Screening Program will advise patients of results, remind patients and their primary care providers about rescreening or follow-up, and will conduct and monitor quality and performance of the screening process.

Any questions regarding the collection of the information by BC Cancer can be directed to: 801 – 686 West Broadway, Vancouver BC V5X 1G1, or email: screening@bccancer.bc.ca. If this information is received in error, please contact the sender immediately.