



# Cervix Self-Screening

The power to screen is in your hands.

There's another way to screen for cervical cancer that can be done wherever you feel safe and comfortable.

## Who should screen?

- Have a cervix, including women and TTGD (Two-Spirit, transgender and gender-diverse) people
- Are 25-69 years of age
- Have not received a Pap test in 3 years or more, or completed HPV testing (self-collected or health care provider-collected) in 5 years or more
- Have ever been sexually active

Another way to screen for cervical cancer:

- An alternative to the Pap test
- No need to see a health care provider
- Not painful
- Easy and safe
- Completed in privacy
- Get your results in weeks



## REQUEST A KIT

Speak with your community health centre or order online at [screeningbc.ca/cervix](https://screeningbc.ca/cervix)