# What Happens During Your Screening Mammogram?



### 1

#### Placement

A female technologist will place your breast on the x-ray machine. A plastic plate will hold your breast in place for a few seconds.

## 2

#### Compression

You will feel some pressure (compression) on your breast during the x-ray. Compression helps spread out your breast tissue which allows us to see changes that may not belong.

# 3

#### **Imaging**

Four pictures are taken, two of each breast. The technologist will check the pictures to make sure they are good quality. If needed, the technologist may take more pictures.

#### All Done!