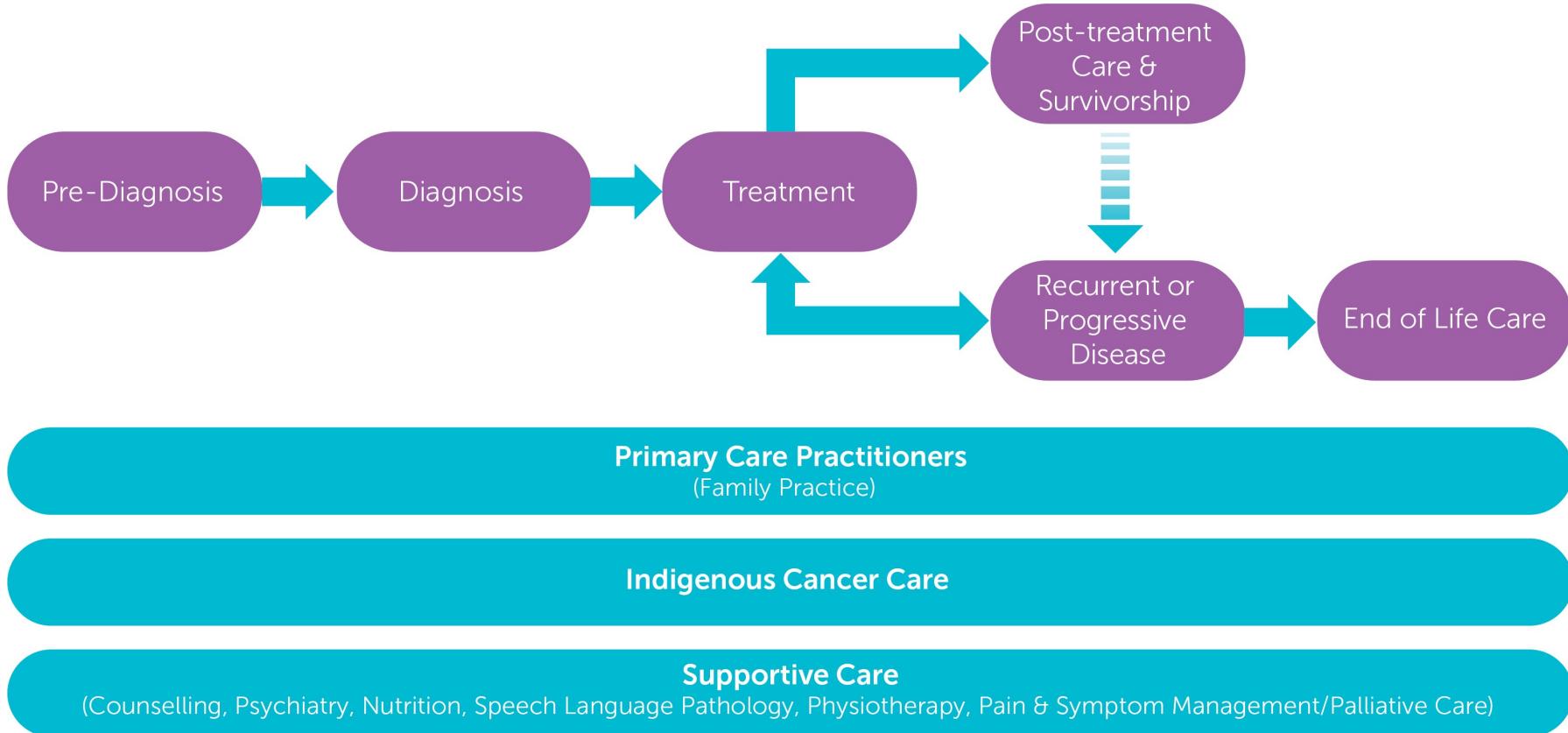


# Head & Neck Tumour Group - Well Differentiated Thyroid Pathway

## Overarching Pathway



This figure represents a general pathway of care that most people with cancer will experience. It shows

- The major phases of a cancer journey
- How a person might progress through each phase
- Key supportive services that are available throughout each person's cancer journey

Please visit the [Clinical Pathways Web](#) page for

- Tumour Group Clinical Pathways
- Patient Companion Guide
- Methodology Reports

# Head & Neck Tumour Group - Well Differentiated Thyroid Pathway

Created October 2024

## Target Population

The target population for this pathway include health care providers such as primary care practitioners, oncologists, specialists, nurses, and other members of a health care team including allied health providers. Healthcare administrators across BC Cancer and the health authorities may also benefit from this resource for systems and operational planning.

## Pathway Disclaimer

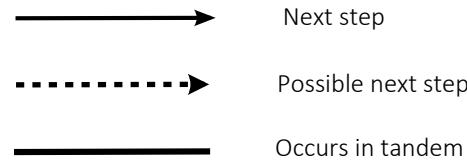
This pathway is an informational resource, intended to provide a high-level overview of the treatment journey a patient in British Columbia may receive. This pathway is not a substitute for medical advice and clinical judgment is still required as not all care trajectories will follow the proposed steps outlined in the pathway. This resource may not reflect all available evidence as research continues to evolve rapidly and BC Cancer is not responsible for any incomplete information. Furthermore, BC Cancer and those involved in developing this pathway are not liable for any incidental or consequential outcomes related to the information in this pathway. Anyone using the information provided in this pathway does so at their own risk.

## Pathway Map Legend

### Shape Guide



### Line Guide



## Pathway Map Considerations

This pathway is intended as a high-level resource and therefore does not include specific recommendations on specific systemic therapy protocols or radiation therapy doses. Instead, additional information can be sought via the inserted hyperlinks to resources that may aid a clinician in their treatment planning. The level of detail for each pathway was guided by the tumor group lead and intentionally kept high-level and represents the overall ideal pathway of care for a patient in general. Each patient will have individual needs and each cancer centre may have variation in the way care is delivered, but overall the intent was to represent the pathway that the majority of patients will follow.

# Head & Neck Tumour Group - Well Differentiated Thyroid Pathway

## General Resources

**Indigenous Patient Navigator Form** (1): <http://www.phsa.ca/aboriginal-health-site/Documents/IPN%20Fillable%20Referral%20Form.pdf>

**Supportive Care** (2): <http://www.bccancer.bc.ca/our-services/services/supportive-care>

**Compassionate Access Program (CAP)**(3): <https://cap.phsa.ca/>

**Head & Neck Chemotherapy Protocols** (4): <http://www.bccancer.bc.ca/health-professionals/clinical-resources/chemotherapy-protocols/head-neck#Protocols>

**Manufacturer Patient Assistance Programs** (5): <http://www.bccancer.bc.ca/systemic-therapy-site/Documents/Policy%20and%20Forms/Patient%20assistance%20programs.pdf>

**BC Cancer Research Clinical Trials** (6): <https://www.bccrc.ca/dept/cid/clinical-trials>

**Smoking Cessation Program** (7): <http://www.bccancer.bc.ca/health-professionals/clinical-resources/smoking-cessation-program>

**Alcohol Reduction** (8): <http://www.bccancer.bc.ca/prevent/alcohol/reduce-your-risk>

**MDC Referral Form** (9): <http://www.bccancer.bc.ca/books/Documents/Clinical%20Care%20Pathways/Patient%20Conference%20Order.pdf>

**Pharmacy Contact Info** (10): <http://www.bccancer.bc.ca/health-professionals/clinical-resources/pharmacy#Contact--info>

**Language & Translation Services** (51): <http://www.phsa.ca/health-professionals/professional-resources/language-services/translation>

**BCCancer Library** (52): <http://www.bccancer.bc.ca/our-services/services/library>

## Abbreviations

**ACR-TIRADS:** American College of Radiology - Thyroid Imaging Reporting & Data System

**FNA:** Fine Needle Aspiration

**LEAF:** Late Effects, Assessment and Follow-Up

**MDC:** Multidisciplinary Conference/Discussion

**MRP:** Most Responsible Provider

**PCP:** Primary Care Provider

**PFC:** Patient & Family Counseling

**PSMPC:** Pain & Symptom Management & Palliative Care

**RAI:** Radioactive Iodine

**RT:** Radiation Therapy

**ST:** Systemic Therapy

**TSH:** Thyroid Stimulating Hormone

## Additional Information

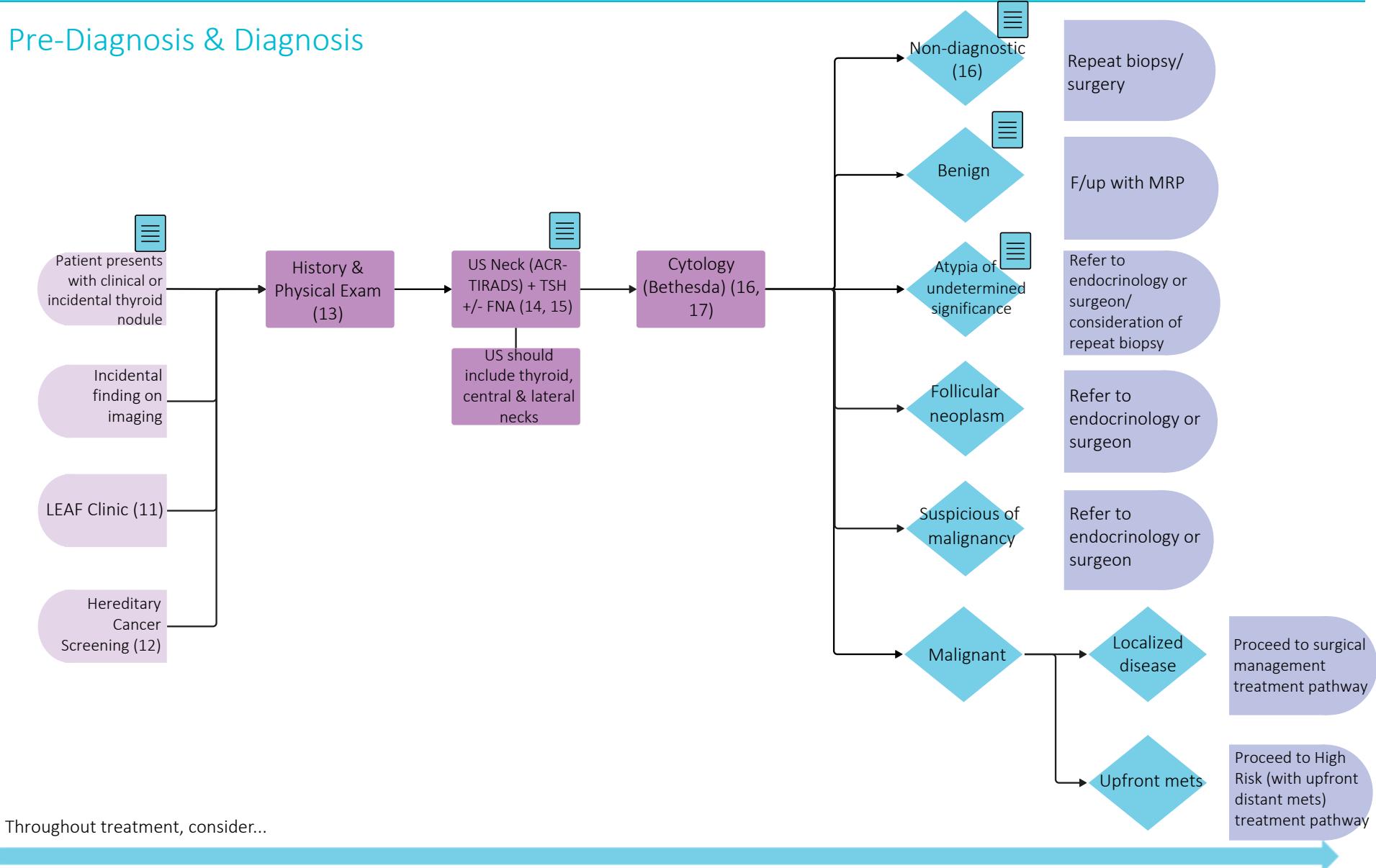
To learn more about how the Clinical Care Pathways are developed, visit the [Methodology Report](#).

Other Tumour Group Clinical Care Pathways can be found on the [BC Cancer Website](#).

This work was made possible by the funding support provided by an arms length educational grant from Bayer. There was no industry involvement in the content of this pathway.

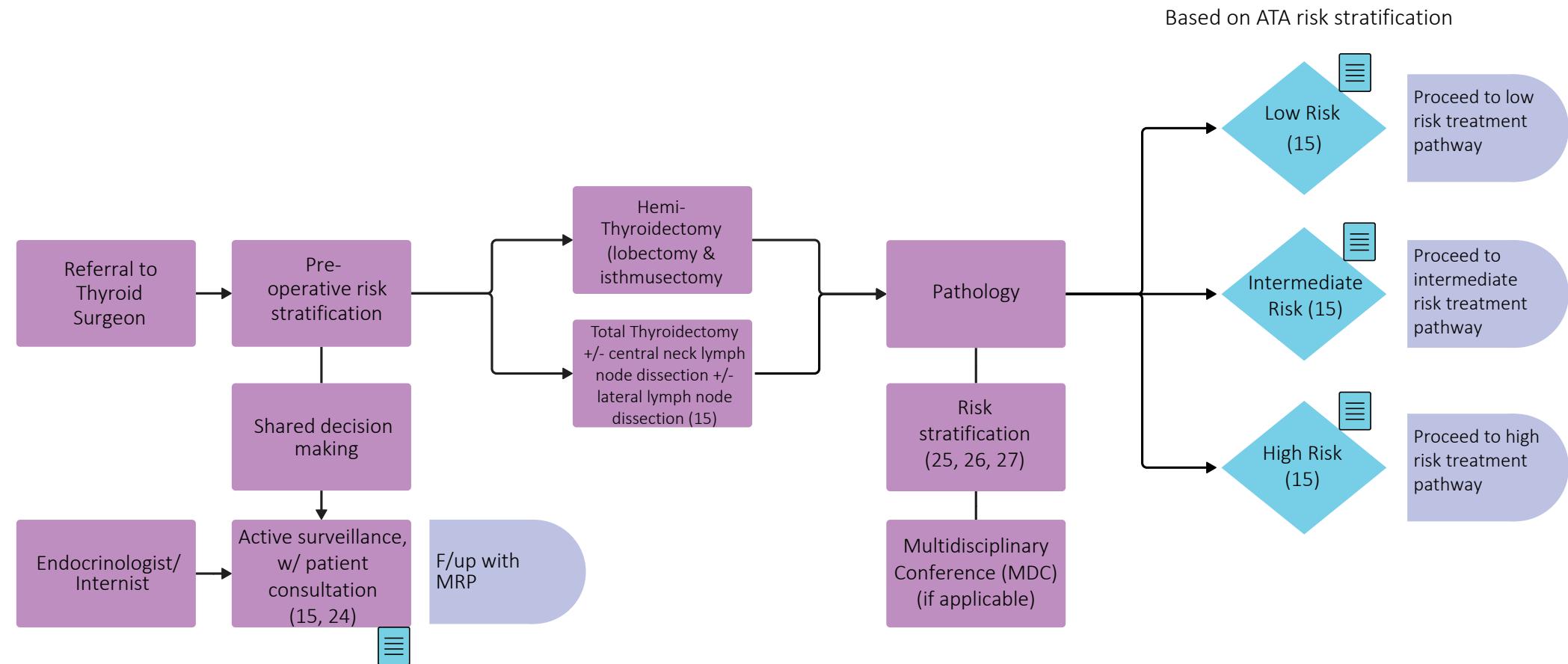
# Head & Neck Tumour Group - Well Differentiated Thyroid Pathway

## Pre-Diagnosis & Diagnosis



# Head & Neck Tumour Group - Well Differentiated Thyroid Pathway

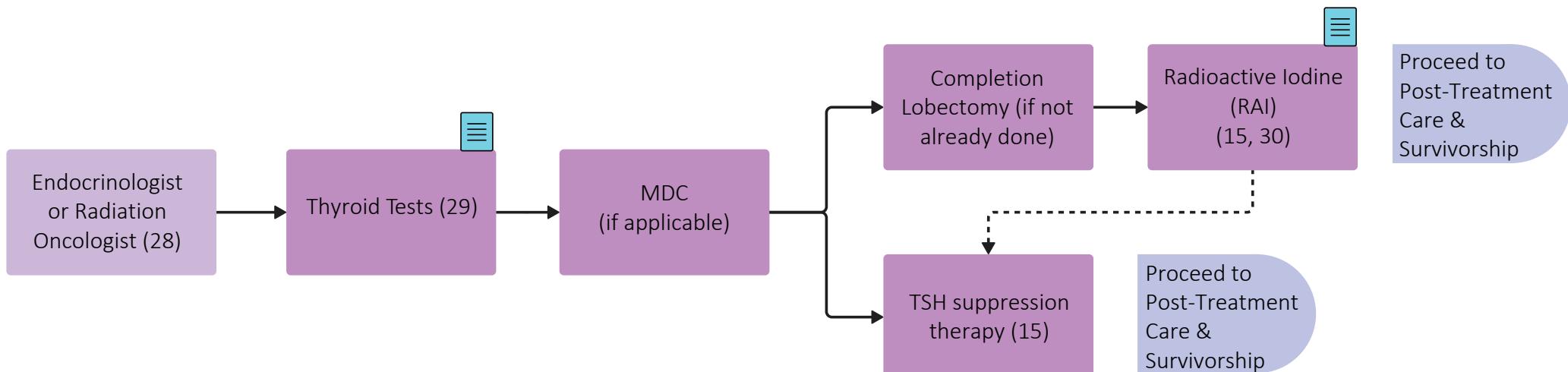
## Treatment: Surgical Management



Throughout treatment, consider...

Regular symptom & performance status assessment (18); Supportive care (2, 19); Sexual & reproductive health (20, 21, 22); Co-morbidity management & medication review; Risk factor mitigation; Clinical trials (where applicable)(6); Goals of care (23); Cultural safety (1); Involvement of PCP

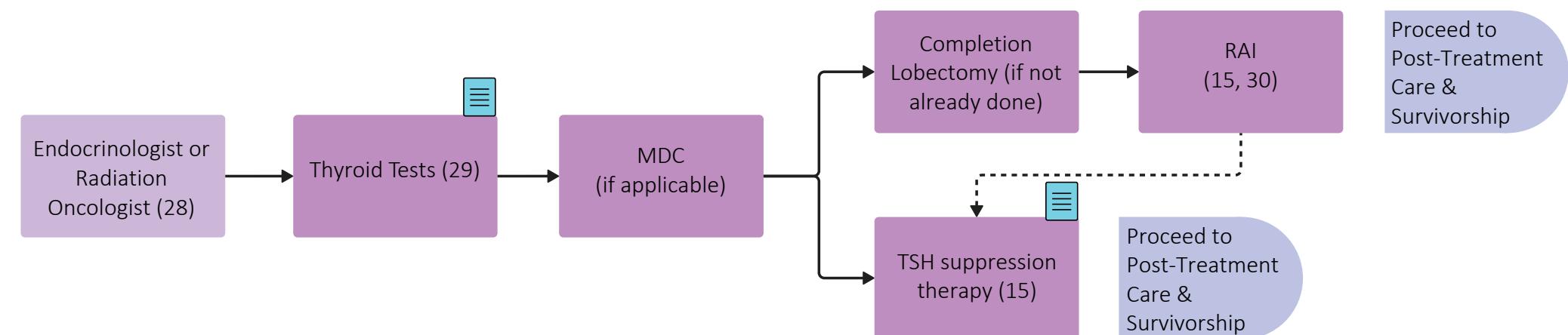
## Head &amp; Neck Tumour Group - Well Differentiated Thyroid Pathway

Treatment: ATA Low Risk 

Throughout treatment, consider...

Regular symptom & performance status assessment (18); Supportive care (2, 19); Sexual & reproductive health (20, 21, 22); Co-morbidity management & medication review; Risk factor mitigation; Clinical trials (where applicable)(6); Goals of care (23); Cultural safety (1); Involvement of PCP

## Head &amp; Neck Tumour Group - Well Differentiated Thyroid Pathway

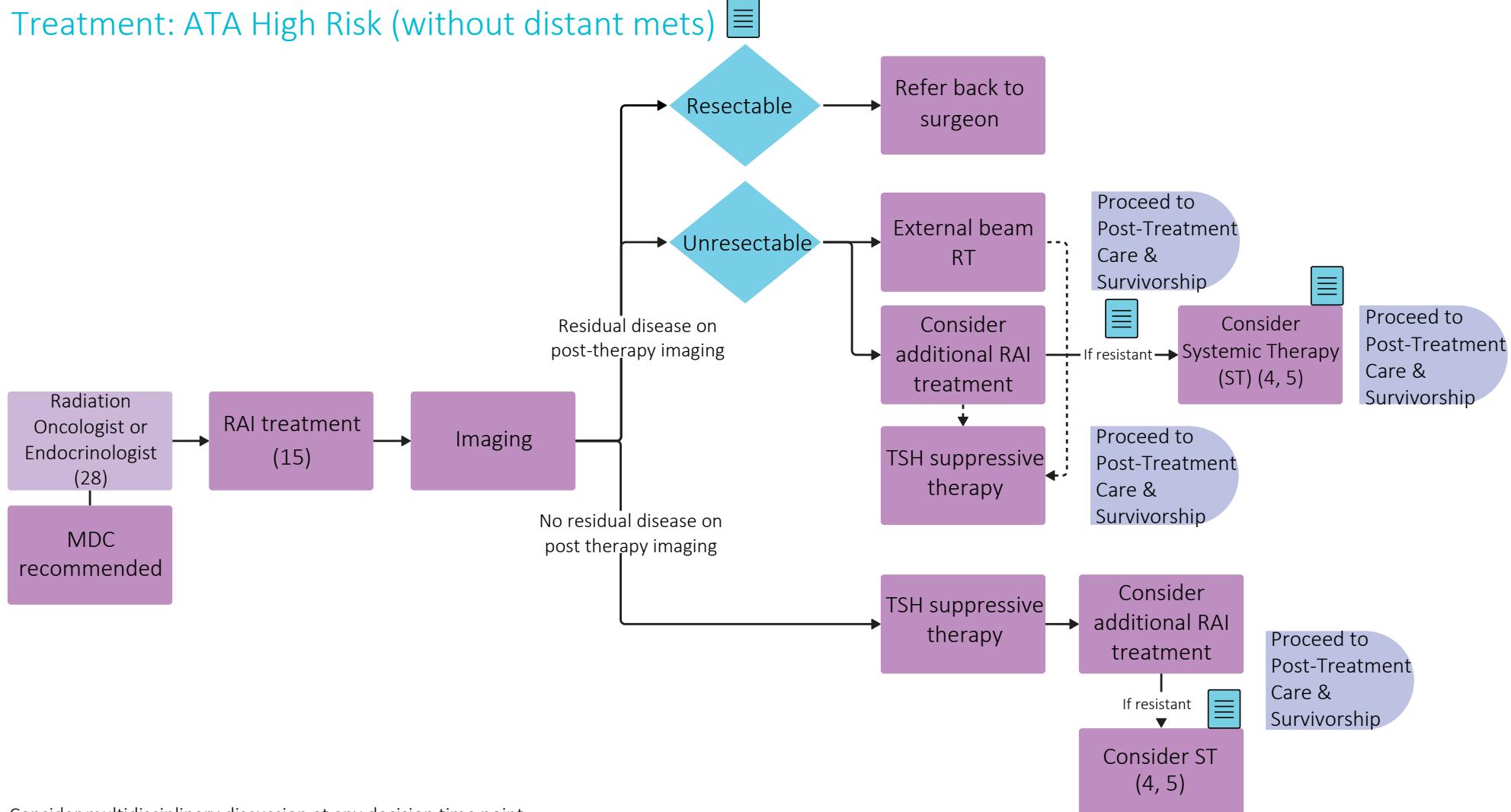
Treatment: ATA Intermediate Risk 

Throughout treatment, consider...

Regular symptom & performance status assessment (18); Supportive care (2, 19); Sexual & reproductive health (20, 21, 22); Co-morbidity management & medication review; Risk factor mitigation; Clinical trials (where applicable)(6); Goals of care (23); Cultural safety (1); Involvement of PCP

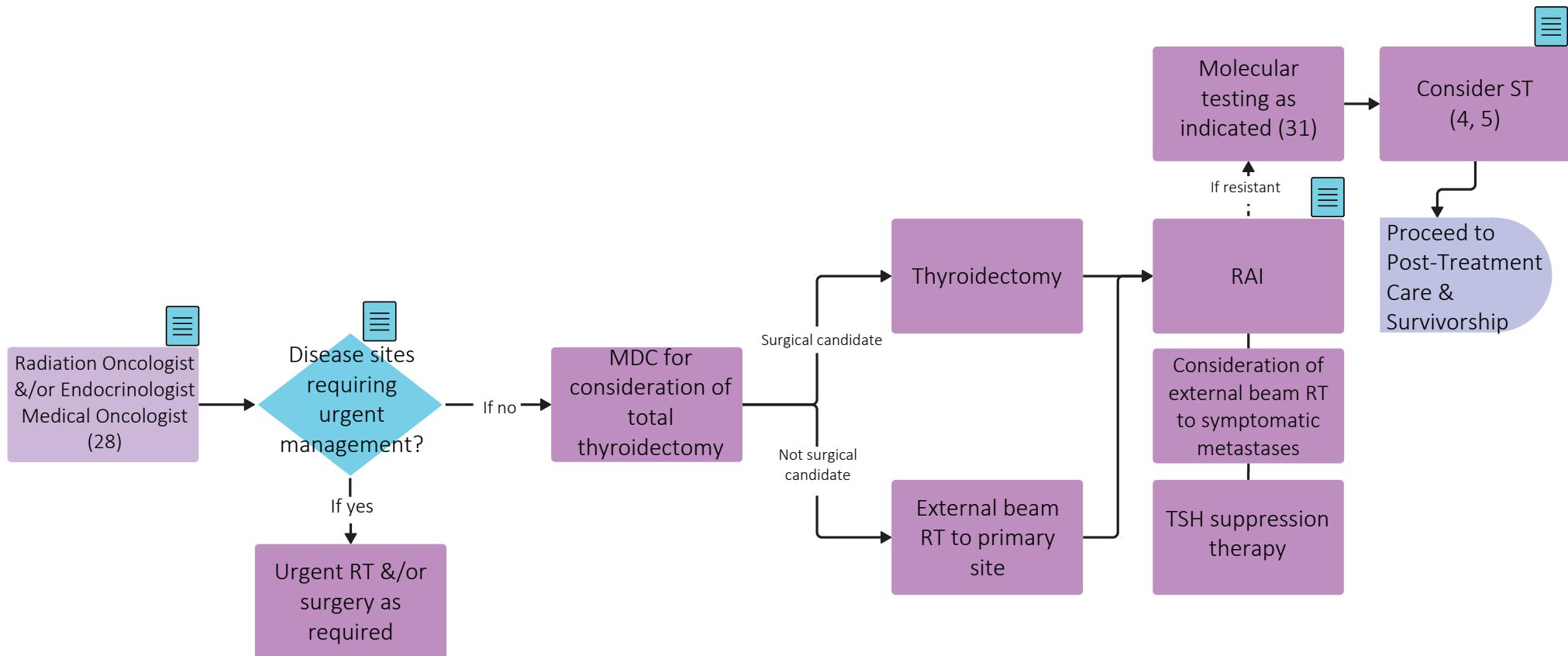
# Head & Neck Tumour Group - Well Differentiated Thyroid Pathway

## Treatment: ATA High Risk (without distant mets)



## Head &amp; Neck Tumour Group - Well Differentiated Thyroid Pathway

## Treatment: ATA High Risk (with upfront distant mets)



Consider multidisciplinary discussion at any decision time point

Throughout treatment, consider...

Regular symptom & performance status assessment (18); Supportive care (2, 19); Sexual & reproductive health (20, 21, 22); Co-morbidity management & medication review; Risk factor mitigation; Clinical trials (where applicable)(6); Goals of care (23); Cultural safety (1); Involvement of PCP

## Head &amp; Neck Tumour Group - Well Differentiated Thyroid Pathway

## Post-Treatment Care &amp; Survivorship

6 months post-treatment

History & Physical Exam as required

Undetectable Tg, falling Tg, normal imaging

12 months post-treatment

History & Physical Exam as required

Thyroid testing to ensure adequate TSH suppression (29)

Ultrasound of Neck

Ongoing F/up

History & Physical Exam as required

Thyroid testing to ensure adequate TSH suppression (3-6 months) (29)

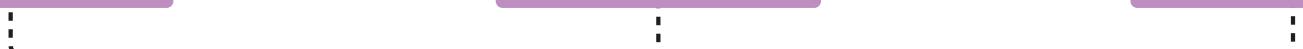
Ultrasound of Neck

F/up can be continued by GP with negative Tg and normal imaging

Undetectable Tg, falling Tg, normal imaging

Thyroid testing to ensure adequate TSH suppression (3-6 months) (29)

Ultrasound of Neck



Imaging findings consistent with recurrence

Persistently elevated Tg

Rising Tg &/or rising Tg antibodies

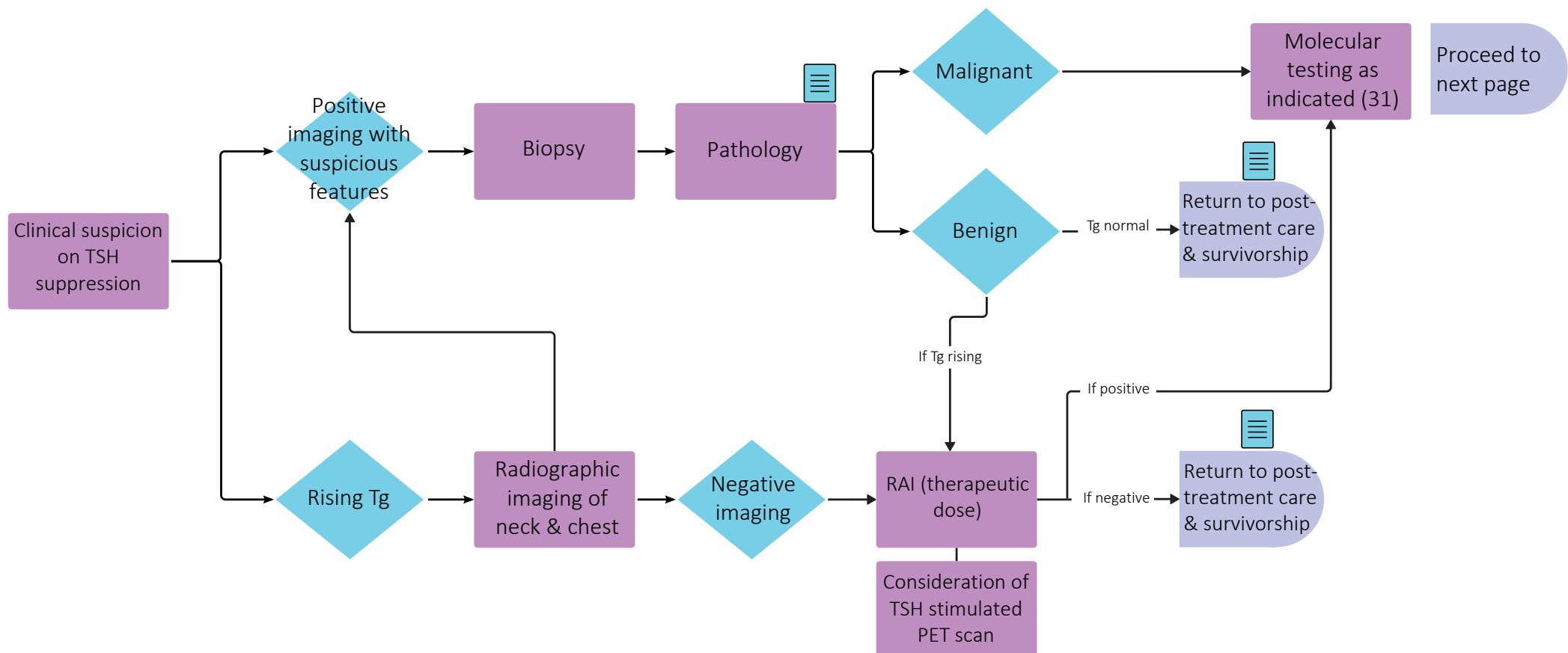
Proceed to recurrence or progressive disease

Throughout treatment, consider...

Regular symptom & performance status assessment (18); Supportive care (2, 19); Sexual & reproductive health (20, 21, 22); Co-morbidity management & medication review; Risk factor mitigation; Clinical trials (where applicable)(6); Goals of care (23); Cultural safety (1); Involvement of PCP

## Head &amp; Neck Tumour Group - Well Differentiated Thyroid Pathway

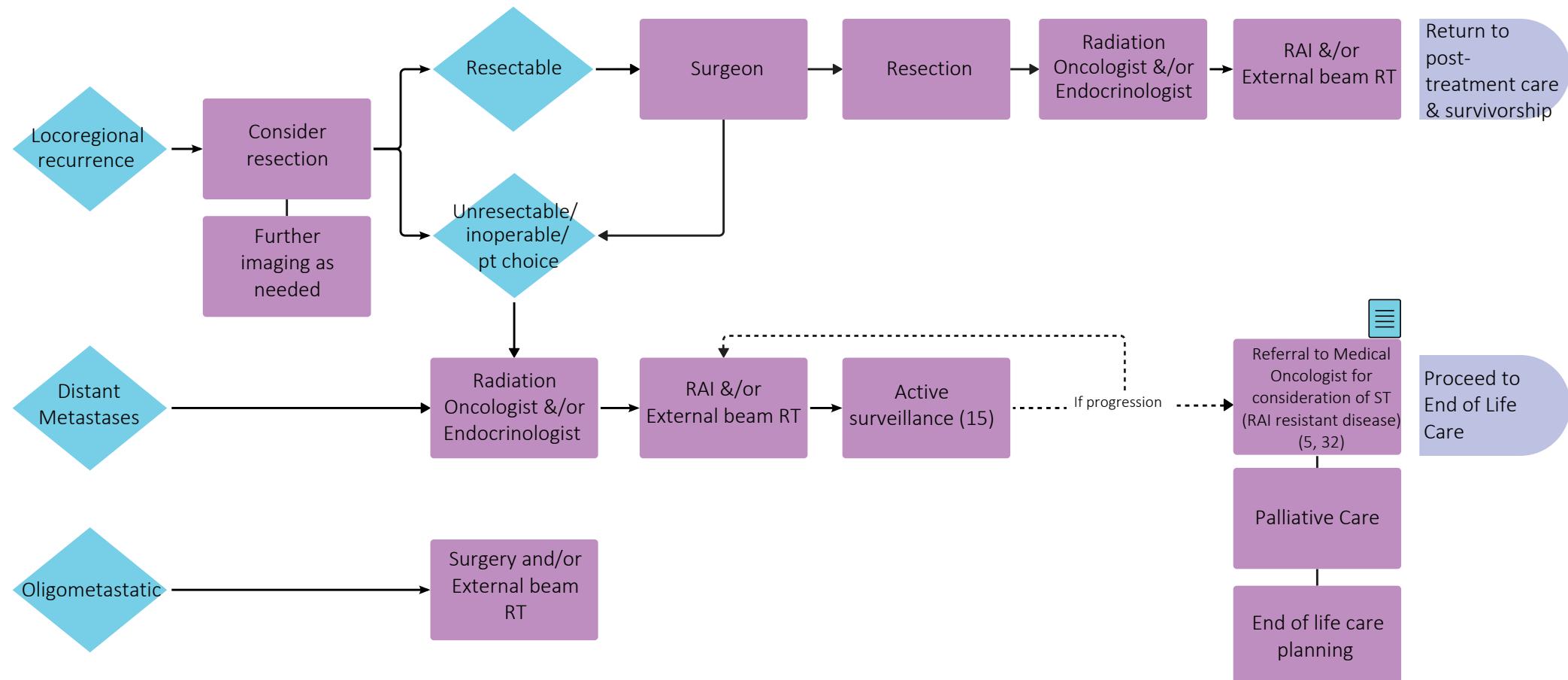
## Recurrence or Progressive Disease (Pg. 1)



Throughout treatment, consider...

Regular symptom & performance status assessment (18); Supportive care (2, 19); Sexual & reproductive health (20, 21, 22); Co-morbidity management & medication review; Risk factor mitigation; Clinical trials (where applicable)(6); Goals of care (23); Cultural safety (1); Involvement of PCP

## Recurrence or Progressive Disease (Pg. 2)



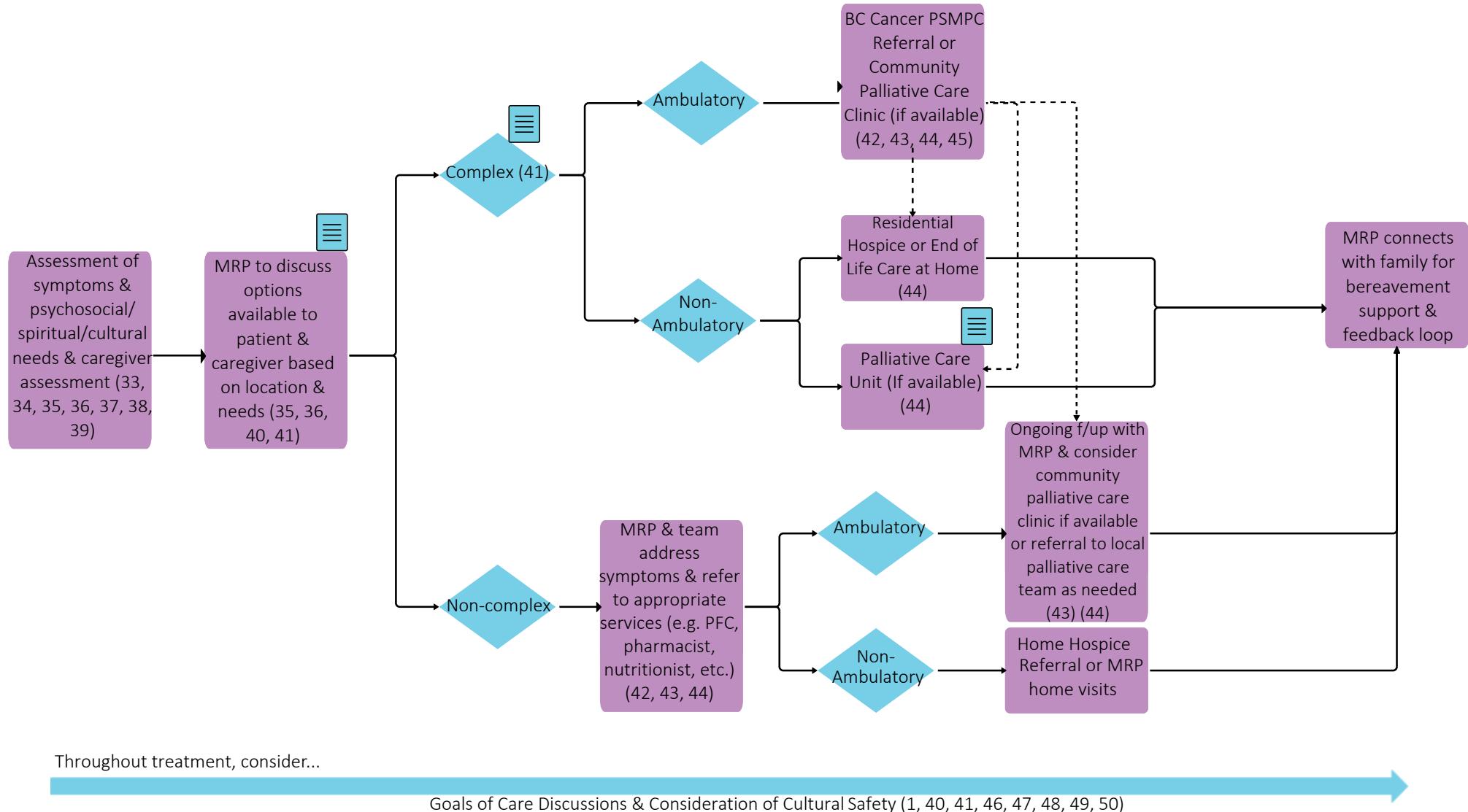
Consider multidisciplinary discussion at any decision time point

Throughout treatment, consider...

Regular symptom & performance status assessment (18); Supportive care (2, 19); Sexual & reproductive health (20, 21, 22); Co-morbidity management & medication review; Risk factor mitigation; Clinical trials (where applicable)(6); Goals of care (23); Cultural safety (1); Involvement of PCP

# Head & Neck Tumour Group - Well Differentiated Thyroid Pathway

## End of Life Care



# Head & Neck Tumour Group - Well Differentiated Thyroid Pathway

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## Other Stakeholders

Family Practice & GPO  
Indigenous Cancer Control  
Nursing Community of Practice (NCoP)  
Patient and Family Experience Team & Supportive Care  
Radiation Therapists  
Surgical Oncology Network  
Provincial Pharmacy, Pathology & Medical Imaging Teams

# Head & Neck Tumour Group - Well Differentiated Thyroid Pathway

## Appendix

1. <http://www.phsa.ca/aboriginal-health-site/Documents/IPN%20Fillable%20Referral%20Form.pdf>
2. <http://www.bccancer.bc.ca/our-services/services/supportive-care>
3. <https://cap.phsa.ca/>
4. <http://www.bccancer.bc.ca/health-professionals/clinical-resources/chemotherapy-protocols/head-neck>
5. <http://www.bccancer.bc.ca/systemic-therapy-site/Documents/Policy%20and%20Forms/Patient%20assistance%20programs.pdf>
6. <https://www.bccrc.ca/dept/cid/clinical-trials>
7. <http://www.bccancer.bc.ca/health-professionals/clinical-resources/smoking-cessation-program>
8. <http://www.bccancer.bc.ca/prevent/alcohol/reduce-your-risk>
9. <http://www.bccancer.bc.ca/books/Documents/Clinical%20Care%20Pathways/Patient%20Conference%20Order.pdf>
10. <http://www.bccancer.bc.ca/health-professionals/clinical-resources/pharmacy#Contact--info>
11. <http://www.bccancer.bc.ca/our-services/services/late-effects-assessment-follow-up>
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14. [https://www.jacr.org/article/S1546-1440\(17\)30186-2/fulltext](https://www.jacr.org/article/S1546-1440(17)30186-2/fulltext)
15. <https://www.liebertpub.com/doi/pdf/10.1089/thy.2015.0020>
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17. [https://www.jacr.org/article/S1546-1440\(17\)30186-2/fulltext](https://www.jacr.org/article/S1546-1440(17)30186-2/fulltext)
18. <https://www.uptodate.com/contents/image?imageKey=HEME%2F72901>
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20. <https://www.olivefertility.com/referring-physicians>
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23. <http://www.bccancer.bc.ca/new-patients-site/Documents/ACP-goals-of-care-orders.pdf>
24. <https://www.thyroid.org/professionals/ata-professional-guidelines/>
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26. [https://www.uclahealth.org/medical-services/surgery/endocrine-surgery/patient-resources/patient-education/macis-score-calculator#:~:text=MACIS%20%3D%203.1%20\(if%20aged%20less,\(if%20distant%20metastases%20present\)](https://www.uclahealth.org/medical-services/surgery/endocrine-surgery/patient-resources/patient-education/macis-score-calculator#:~:text=MACIS%20%3D%203.1%20(if%20aged%20less,(if%20distant%20metastases%20present))
27. <https://www.thyroid.org/professionals/calculators/thyroid-cancer-staging-calculator/>
28. <http://www.bccancer.bc.ca/health-professionals-site/Documents/Patient-Referral-Form.pdf>
29. <https://www.thyroid.org/thyroid-function-tests/>
30. <https://www.thyroid.org/radioactive-iodine/>
31. <https://cancergeneticslab.ca/requisitions/>
32. <http://www.bccancer.bc.ca/health-professionals/clinical-resources/chemotherapy-protocols/head-neck#Other%20>
33. <http://www.bccancer.bc.ca/our-services/centres-clinics/bc-cancer-vancouver/epicc>
34. [https://www2.gov.bc.ca/assets/gov/health/practitioner-pro/bc-guidelines/palliative1\\_appendix\\_a.pdf](https://www2.gov.bc.ca/assets/gov/health/practitioner-pro/bc-guidelines/palliative1_appendix_a.pdf)
35. <https://www.bccancer.ca/publications/symptom-management-guidelines/>
36. <https://www2.gov.bc.ca/gov/content/health/practitioner-professional-resources/bc-guidelines/palliative-care>

# Head & Neck Tumour Group - Well Differentiated Thyroid Pathway

## Appendix

37. <https://www2.gov.bc.ca/gov/content/health/practitioner-professional-resources/pharmacare/prescribers/plan-p-bc-palliative-care-benefits-program>
38. <http://www.bccancer.bc.ca/our-services/services/indigenous-cancer-control>
39. <http://www.bccancer.bc.ca/books/Documents/Clinical%20Care%20Pathways/Revised%20PSMPC%20Questionnaire%20Pink%20Form%202020-21.pdf>
40. <http://www.bccancer.bc.ca/new-patients-site/Documents/SeriousIllnessConversationGuideCard.pdf>
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42. <http://www.bccancer.bc.ca/managing-symptoms-site/Documents/PSMPC-Referral-Form-for-All-BC-Cancer-Centres.pdf>
43. <http://www.bccancer.bc.ca/our-services/services/supportive-care/pain-symptom-management#What--we--do>
44. [https://vancouver.pathwaysbc.ca/service\\_categories/24](https://vancouver.pathwaysbc.ca/service_categories/24)
45. [http://www.bccancer.bc.ca/new-patients-site/Documents/MIPPC\\_Referral\\_Form.pdf](http://www.bccancer.bc.ca/new-patients-site/Documents/MIPPC_Referral_Form.pdf)
46. <http://www.bccancer.bc.ca/new-patients-site/Documents/Goals%20of%20Care%20Orders%20Form%20June%202018%20Final.pdf>
47. <https://www2.gov.bc.ca/assets/gov/people/seniors/health-safety/pdf/myvoice-advancecareplanningguide.pdf>
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50. <http://www.bccancer.bc.ca/new-patients-site/Documents/ACP-tips-for-oncology-professionals.pdf>
51. <http://www.phsa.ca/health-professionals/professional-resources/language-services/translation>
52. <http://www.bccancer.bc.ca/our-services/services/library>