

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1 Living with Metastatic Cancer Support Group 10:00- 11:30 AM PT via Zoom Pre-registration required Call to Register: 604-930-4000</p> <p>Relaxation & Music Therapy 2:30- 3:30 PM PT Call to Register: 604-877-6000 or 1-800-663-3333 ext. 672194</p>
<p>4 Relaxation & Music Therapy 5:30- 6:30 PM PT Call to Register: 604-877-6000 or 1-800-663-3333 ext. 672194</p>	<p>5 Relaxation Group 10:00- 11:15 AM PT In-person at BC Cancer Kelowna Call to Register: 250-712-3963 or 1-800-563-7773 ext. 683963</p> <p>Spring Photography 1:00 – 2:30 PM PT Click to Register</p>	<p>6 Brain Tumour Support Group 9:30- 11:00 AM PT Call to Register: 604-877-6000 ext. 672194</p> <p>Family Art Therapy Program 3:30- 5:00 PM PT Click to Register</p>	<p>7 Head & Neck Cancer Support Group 10:15- 11:45 AM PT Online with BC Cancer Victoria (Open to All) Call to Register: 250-519-5525</p> <p>Relaxation & Music Therapy 10:30- 11:30 AM PT Call to Register: 604-877-6000 or 1-800-663-3333 ext. 672194</p> <p>Knitting Circle 2:00- 4:00 PM PT In-person at BC Cancer Vancouver Library, 1st Floor of Research Building (675 W 10th Ave) Click to Register</p>	<p>8 Living with Metastatic Cancer Support Group 10:00- 11:30 AM PT via Zoom Pre-registration required Call to Register: 604-930-4000</p> <p>Sexual Health: Introduction to Sex and Cancer 10:00- 11:00 AM PT Click to Register</p> <p>Relaxation & Music Therapy 2:30- 3:30 PM PT Call to Register: 604-877-6000 or 1-800-663-3333 ext. 672194</p>

Monday	Tuesday	Wednesday	Thursday	Friday
			Exploring MAiD through a Spiritual/Existential Lens 6:30- 7:30 PM PT via Zoom Email to Register (oceanna.hall@phsa.ca)	
11 Relaxation & Music Therapy 5:30- 6:30 PM PT Call to Register: 604-877-6000 or 1-800-663-3333 ext. 672194	12 在線華語互助小組 Online Support Group for Chinese-speaking Patients & Families 語言: 國語 上午 10:30- 中午12:00 Language: Mandarin 10:30 AM- 12 PM PT 國語小組 Click to Register Relaxation Group 10:00- 11:15 AM PT In-person at BC Cancer Kelowna Call to Register: 250-712-3963 or 1-800-563-7773 ext. 683963 Young Adults Group 10:30 AM – 12:00 PM PT Click to Register Spring Photography 1:00 – 2:30 PM PT Click to Register	13 Food Choices to Manage Bowel Changes 2:30 – 3:30 PM PT Click to Register.	14 在線華語互助小組 Online Support Group for Chinese-speaking Patients & Families 語言: 粵語 上午 10:30- 中午12:00 Language: Cantonese 10:30 AM- 12 PM PT 粵語小組 Click to Register Relaxation & Music Therapy 10:30- 11:30 AM PT Call to Register: 604-877-6000 or 1-800-663-3333 ext. 672194 Art & Music Studio Group 1:00- 3:00 PM PT Click to Register. MAiD Bereavement Support Group Bi-Weekly Virtual Sessions 1:30- 2:30 PM PT or 6:30- 7:30 PM PT via Zoom Email to Register (virtualspiritualhealth@phsa.ca)	15 Living with Metastatic Cancer Support Group 10:00- 11:30 AM PT via Zoom Pre-registration required Call to Register: 604-930-4000 Relaxation & Music Therapy 2:30- 3:30 PM PT Call to Register: 604-877-6000 or 1-800-663-3333 ext. 672194

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<p>18 Relaxation & Music Therapy 5:30- 6:30 PM PT Call to Register: 604-877-6000 or 1-800-663-3333 ext. 672194</p>	<p>19 Relaxation Group 10:00- 11:15 AM PT In-person at BC Cancer Kelowna Call to Register: 250-712-3963 or 1-800-563-7773 ext. 683963</p> <p>Nature & Art 1:00 – 2:30 PM PT Click to Register</p>	<p>20 Eating Well on Your Cancer Journey 2:30 – 3:30 PM PT Click to Register.</p>	<p>21 Relaxation & Music Therapy 10:30- 11:30 AM PT Call to Register: 604-877-6000 or 1-800-663-3333 ext. 672194</p> <p>Knitting Circle 2:00- 4:00 PM PT In-person at BC Cancer Vancouver Library, 1st Floor of Research Building (675 W 10th Ave) Click to Register</p> <p>SOUL FOOD Spiritual Health Group: The Deeper Journey via Zoom 2:30- 4:00 PM PT Click to Register</p> <p>Exploring MAiD through a Spiritual/Existential Lens 6:30- 7:30 PM PT via Zoom Email to Register (oceanna.hall@phsa.ca)</p>	<p>22 Living with Metastatic Cancer Support Group 10:00- 11:30 AM PT via Zoom Pre-registration required Call to Register: 604-930-4000</p> <p>Sexual Health: Survivorship & Beyond 10:00- 11:00 AM PT Click to Register</p> <p>Relaxation & Music Therapy 2:30- 3:30 PM PT Call to Register: 604-877-6000 or 1-800-663-3333 ext. 672194</p>
<p>25 Lung Cancer Support Group 10:00- 11:30 AM PT via Zoom Call to Register: 604-930-4000</p> <p>Relaxation & Music Therapy 5:30- 6:30 PM PT Call to Register: 604-877-6000 or 1-800-663-3333 ext. 672194</p>	<p>26 Relaxation Group 10:00- 11:15 AM PT In-person at BC Cancer Kelowna Call to Register: 250-712-3963 or 1-800-563-7773 ext. 683963</p> <p>Caring for Your Child, Caring for Yourself (Parents' Workshop) 10:30 – 12:00 PM PT Email to Register</p>	<p>27 Head & Neck Cancer Support Group 2:00- 3:30 PM PT In-person at BC Cancer Vancouver (only Vancouver Patients) Call to Register: 604-877-6000 ext. 672194</p>	<p>28 Relaxation & Music Therapy 10:30- 11:30 AM PT Call to Register: 604-877-6000 or 1-800-663-3333 ext. 672194</p> <p>MAiD Bereavement Support Group Bi-Weekly Virtual Sessions 1:30- 2:30 PM PT or 6:30- 7:30 PM PT via Zoom Email to Register (virtualspiritualhealth@phsa.ca)</p>	<p>29 Living with Metastatic Cancer Support Group 10:00- 11:30 AM PT via Zoom Pre-registration required Call to Register: 604-930-4000</p> <p>Relaxation & Music Therapy 2:30- 3:30 PM PT Call to Register: 604-877-6000 or 1-800-663-3333 ext. 672194</p>

May 2026

Support Programs



Monday	Tuesday	Wednesday	Thursday	Friday
	Nature & Art 1:00 – 2:30 PM PT Click to Register			

Community Support Programs & Information

Coping with Cancer BC Cancer Website Info	Canadian Cancer Society 1-888-939-3333	Look Good Feel Better Workshops 1-800-914-5665	Inspire Health 1-888-734-7125
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[Sign-up](#) and receive monthly Supportive Care eBulletins

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