

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Relaxation & Music Therapy 5:30- 6:30 PM PT Call to Register: 604-877-6000 or 1-800-663-3333 ext. 672194</p>	<p>3</p> <p>Relaxation Group 10:00- 11:15 AM PT In-person at BC Cancer Kelowna Call to Register: 250-712-3963 or 1-800-563-7773 ext. 683963</p>	<p>4</p> <p>Brain Tumour Support Group 9:30- 11:00 AM PT Call to Register: 604-877-6000 ext. 672194</p> <p>Family Art Therapy Program 3:30 – 5:00 PM PT Click to Register</p>	<p>5</p> <p>Head & Neck Cancer Support Group 10:15- 11:45 AM PT In-person at BC Cancer Victoria (Open to All) Call to Register: 250-519-5525</p> <p>Relaxation & Music Therapy 10:30- 11:30 AM PT Call to Register: 604-877-6000 or 1-800-663-3333 ext. 672194</p> <p>Knitting Circle 2:00- 4:00 PM PT In-person at BC Cancer Vancouver Library, 1st Floor of Research Building (675 W 10th Ave) Click to Register</p> <p>Exploring MAiD through a Spiritual/Existential Lens 6:30- 7:30 PM PT via Zoom Email to Register (oceanna.hall@phsa.ca)</p>	<p>6</p> <p>Living with Metastatic Cancer Support Group 10:00- 11:30 AM PT via Zoom Pre-registration required Call to Register: 604-930-4000</p> <p>Relaxation & Music Therapy 2:30- 3:30 PM PT Call to Register: 604-877-6000 or 1-800-663-3333 ext. 672194</p>
<p>9</p> <p>Relaxation & Music Therapy 5:30- 6:30 PM PT Call to Register: 604-877-6000 or 1-800-663-3333 ext. 672194</p>	<p>10</p> <p>Relaxation Group 10:00- 11:15 AM PT In-person at BC Cancer Kelowna Call to Register: 250-712-3963 or 1-800-563-7773 ext. 683963</p>	<p>11</p> <p>The Sacred Work of Dying 12:00 – 1:30 PM PT Email to Register (virtualspiritualhealth@phsa.ca)</p> <p>New Food Choices to Manage Bowel Changes 2:30- 3:30 PM PT Click to Register</p>	<p>12</p> <p>Job Search Seminar 9:00 – 11:30 AM PT Click to Register or Call to Register: 236-668-8719</p> <p>Relaxation & Music Therapy 10:30- 11:30 AM PT Call to Register: 604-877-6000 or 1-800-663-3333 ext. 672194</p>	<p>13</p> <p>Living with Metastatic Cancer Support Group 10:00- 11:30 AM PT via Zoom Pre-registration required Call to Register: 604-930-4000</p>

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Young Adults Group 10:30 AM – 12:00 PM PT Click to Register</p>		<p>Art & Music Studio Group 1:00 – 3:00 PM PT Click to Register.</p> <p>MAiD Bereavement Support Group Bi-Weekly Virtual Sessions 1:30- 2:30 PM PT or 6:30- 7:30 PM PT via Zoom Email to Register (virtuallspiritualhealth@phsa.ca)</p> <p>在線華語互助小組 Online Support Group for Chinese-speaking Patients & Families 「線上靜觀體驗」 Mindfulness: A Gentle Experience Online Workshop 下午 1:30 – 3 :00 1:30 – 3:00 PM PT 國語小組 Click to Register</p>	<p>Relaxation & Music Therapy 2:30- 3:30 PM PT Call to Register: 604-877-6000 or 1-800-663-3333 ext. 672194</p>
<p>16 Relaxation & Music Therapy 5:30- 6:30 PM PT Call to Register: 604-877-6000 or 1-800-663-3333 ext. 672194</p>	<p>17 Relaxation Group 10:00- 11:15 AM PT In-person at BC Cancer Kelowna Call to Register: 250-712-3963 or 1-800-563-7773 ext. 683963</p>	<p>18 The Sacred Work of Dying 12:00 – 1:30 PM PT Email to Register (virtuallspiritualhealth@phsa.ca)</p> <p>Eating Well on Your Cancer Journey 1:30- 2:30 PM PT via Zoom Click to Register</p>	<p>19 Relaxation & Music Therapy 10:30- 11:30 AM PT Call to Register: 604-877-6000 or 1-800-663-3333 ext. 672194</p> <p>Knitting Circle 2:00- 4:00 PM PT In-person at BC Cancer Vancouver Library, 1st Floor of Research Building (675 W 10th Ave) Click to Register</p>	<p>20 Living with Metastatic Cancer Support Group 10:00- 11:30 AM PT via Zoom Pre-registration required Call to Register: 604-930-4000</p> <p>Relaxation & Music Therapy 2:30- 3:30 PM PT Call to Register: 604-877-6000 or 1-800-663-3333 ext. 672194</p>

Monday	Tuesday	Wednesday	Thursday	Friday
			<p>Soul Food: A Spiritual Health Group 2:30- 4:00 PM PT via Zoom Click to Register</p> <p>Exploring MAiD through a Spiritual/Existential Lens 6:30- 7:30 PM PT via Zoom Email to Register (oceanna.hall@phsa.ca)</p> <p>在線華語互助小組 Online Support Group for Chinese-speaking Patients & Families 「線上靜觀體驗」 Mindfulness: A Gentle Experience Online Workshop 下午 1:30 – 3 :00 1:30 – 3:00 PM PT 粵語小組 Click to Register</p>	
<p>23 Lung Cancer Support Group 10:00- 11:30 AM PT via Zoom Call to Register: 604-930-4000</p> <p>Relaxation & Music Therapy 5:30- 6:30 PM PT Call to Register: 604-877-6000 or 1-800-663-3333 ext. 672194</p>	<p>24 Relaxation Group 10:00- 11:15 AM PT In-person at BC Cancer Kelowna Call to Register: 250-712-3963 or 1-800-563-7773 ext. 683963</p>	<p>25 The Sacred Work of Dying 12:00 – 1:30 PM PT Email to Register (virtualspiritualhealth@phsa.ca)</p> <p>Head & Neck Cancer Support Group 2:00- 3:30 PM PT In-person at BC Cancer Vancouver (only Vancouver Patients) Call to Register: 604-877-6000 ext. 672194</p>	<p>26 Relaxation & Music Therapy 10:30- 11:30 AM PT Call to Register: 604-877-6000 or 1-800-663-3333 ext. 672194</p> <p>MAiD Bereavement Support Group Bi-Weekly Virtual Sessions 1:30- 2:30 PM PT or 6:30- 7:30 PM PT via Zoom Email to Register (virtualspiritualhealth@phsa.ca)</p>	<p>27 Living with Metastatic Cancer Support Group 10:00- 11:30 AM PT via Zoom Pre-registration required Call to Register: 604-930-4000</p> <p>Relaxation & Music Therapy 2:30- 3:30 PM PT Call to Register: 604-877-6000 or 1-800-663-3333 ext. 672194</p>

March 2026

Support Programs



Monday	Tuesday	Wednesday	Thursday	Friday
30 Relaxation & Music Therapy 5:30- 6:30 PM PT Call to Register: 604-877-6000 or 1-800-663-3333 ext. 672194	31 Relaxation Group 10:00- 11:15 AM PT In-person at BC Cancer Kelowna Call to Register: 250-712-3963 or 1-800-563-7773 ext. 683963			

Community Support Programs & Information

Coping with Cancer BC Cancer Website Info	Canadian Cancer Society 1-888-939-3333	Look Good Feel Better Workshops 1-800-914-5665	Inspire Health 1-888-734-7125
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[Sign-up](#) and receive monthly Supportive Care eBulletins

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