

September 2026 Support Programs

Monday	Tuesday	Wednesday	Thursday	Friday
	1 InspireHealth Supporting Your Bone Health Workshop 11:00 AM - 12:00 PM PT Virtual Session & in-person at InspireHealth Vancouver & Kamloops Centres Click here to register	2	3 Head & Neck Cancer Support Group 10:15 - 11:45 AM PT Online with BC Cancer Victoria (Open to All) Call to Register: 250-519-5525	4 Living with Metastatic Cancer Support Group 10:00 - 11:30 AM PT via Zoom Pre-registration required Call to Register: 604-930-4000
7 Look Good Feel Better (In Person - Surrey) 10:30 AM – 11:30 AM PT Click to Register or Call: 1-800-914-5665	8 Young Adults Group (Online) 10:30 AM – 12:00 PM Click here to register	9	10 Bi-weekly MAiD Bereavement Support Group (Zoom) 1:30 - 2:30 PM or 6:30 - 7:30 PM Email to register: virtualspiritualhealth@phsa.ca InspireHealth Breast Cancer Rehabilitation Education Session (Online) 11:00 AM - 12:30 PM PT Click here to register	11 Living with Metastatic Cancer Support Group 10:00 - 11:30 AM PT via Zoom Pre-registration required Call to Register: 604-930-4000 Session 1: Introduction to Sexual Health and Cancer 10:00 - 11:00 AM PT Click here to register
14	15 Cultivating Your Spiritual Garden Workshop Series (Online) 2:00 PM – 4:00 PM Click here to register	16 InspireHealth Inspired Conversations: Healthy Communication (Online) 10:30 AM - 12:00 PM PT Click here to register	17	18 Living with Metastatic Cancer Support Group 10:00 - 11:30 AM PT via Zoom Pre-registration required Call to Register: 604-930-4000
21	22 Cultivating Your Spiritual Garden Workshop Series (Online) 2:00 PM – 4:00 PM Click here to register	23 InspireHealth Self-Care Workshop for Support People (Online) 5:30 PM - 7:00 PM PT Click here to register	24 Bi-weekly MAiD Bereavement Support Group (Zoom) 1:30 - 2:30 PM or 6:30 - 7:30 PM Email to register: virtualspiritualhealth@phsa.ca	25 Living with Metastatic Cancer Support Group 10:00 - 11:30 AM PT via Zoom Pre-registration required Call to Register: 604-930-4000

[Sign-up](#) and receive monthly Supportive Care eBulletins

Email: blee6@bccancer.bc.ca

Website: www.bccancer.bc.ca

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			Sexual Health and Cancer: Let's Talk About the "Down There" - How Cancer Impacts Women's Genital Health (Online) 2:00 – 3:00PM PT Click here to register	Session 2: Sexual Health & Cancer: Survivorship and Beyond 10:00 - 11:00 AM PT Click here to register
28 Lung Cancer Support Group 10:00 - 11:30 AM PT via Zoom Call to Register: 604-930-4000	29 Cultivating Your Spiritual Garden Workshop Series (Online) 2:00 PM – 4:00 PM Click here to register	30		

Community Support Programs & Information

Coping with Cancer BC Cancer Website Info	Canadian Cancer Society 1-888-939-3333	Look Good Feel Better Workshops 1-800-914-5665	Inspire Health 1-888-734-7125
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