

Resources

[Canadian Cancer Society – Sexual Problems, Female Sex Organs](#)

[Canadian Cancer Society – Sex, Intimacy and Cancer book](#)

[BC Cancer Sexual Health website](#)

[My Health Alberta - Sexual Health Resources available online](#)

[Look Good Feel Better Program](#)

[American Society of Clinical Oncology – Sexual Health and Cancer Treatment: Women available online](#)

Common concerns we can help with:

- Managing menopausal symptoms
- Vulvar and vaginal dryness
- Pain with sex or any genital touch, such as pelvic exams
- Questions about changes in sexual function
- Decreased sexual desire
- Changes in genital sensations and orgasm
- Talking about sexuality and intimacy with your partner

Contact information

BC Cancer Victoria
Phone: 250-519-5503
Fax: 250-519- 5502
BC Cancer Victoria
2410 Lee Ave, Victoria, BC
V8R6V5



Provincial Health Services Authority

Victoria Oncology Intimacy and Sexual Health Clinic (VOIS) *Sexual and Menopausal Health Support*



Free, confidential support for people living with or after cancer.



What is the Victoria Oncology and Intimacy Sexual Health (VOIS) Clinic?

The VOIS clinic is a supportive care service for BC Cancer Victoria patients who have gynecological, anal canal, or low rectal cancers.

Sexual health is an important part of wellbeing. Cancer diagnosis, treatment and recovery can impact sexuality and quality of life in many ways. Our goal is to support you through sexual and menopausal changes you may experience.

The Clinic Offers:

- Consult with a Nurse Practitioner(NP) who holds Oncology and Menopause certifications
- Follow-Up with the NP or a RN
- Tailored recommendations resources
- In Person or Phone visits

Who is the clinic for?

People living with (or post) cancer who have concerns about sexual health or menopause:

- Single or partnered people
- Undergoing active treatment or finished treatment
- Anyone assigned female at birth including women, trans men, non-binary individuals

For those interested in learning:

- How cancer and its treatment may impact your sexual health
- How to manage changes to your vulva and vagina that affect sexual function
- How to manage symptoms of menopause
- How to adapt to other sexual impacts, such as body image changes, or loss of sexual desire

Partners are welcome and encouraged to attend.

How do I get an appointment?

- Ask your cancer team, primary care provider, or gynecologist for a referral

What can I expect at my appointment?

- A health history and medication review
- Sexual and menopausal health history review to understand your needs
- A focused pelvic examination if required

Together, we will create a treatment plan based on your needs and goals.

The NP may refer you to other services if needed including gynecology, pelvic floor physiotherapy, or counselling services.

All appointments are private and confidential.

Where will the appointment be?

- In-person at BC Cancer – Victoria 2410 Lee Avenue, V8R 6V5 (In Clinic A).
- By telephone.
- No virtual appointments currently.