

Mepitel Film: Guide for Patients with Breast Cancer Undergoing Radiation Therapy

Why Mepitel Film

Mepitel Film is a clear silicone dressing. Applying Mepitel Film during and after breast radiation therapy could reduce the severity of skin reactions.



Patients getting breast radiation therapy may get some skin redness. It is usually the most red 1-2 weeks after the last treatment. This usually goes away about 4 weeks after treatment. Some dry peeling or flaking of the skin is common, but severe skin damage is rare.

Who Should Use Mepitel Film

You do not have to use Mepitel Film for breast radiation therapy. Before putting it on, talk to your Radiation Oncologist.

Size and Amount of Mepitel Film to

There are multiple sizes available to purchase. You will need the following amount and sizes:

- 2 sheets of 15x20 cm
- 4 sheets of 10x25 cm



How to Apply Mepitel Film

- Patients need to apply Mepitel Film at home within the first few days of starting radiation treatment. You will need help from another person because your arm on the affected side will need to be raised over your head when applying the film.
- Contact any member of your Radiation Treatment care team if you need help with applying the film.

This video shows how to apply the Mepitel Film. The part from 1:26 to 3:54 is most important to BC Cancer recommendations.

<https://www.youtube.com/watch?v=QXH7BgfExBc&t=8s>



- If there are any concerns with how the film is applied, you may be asked to remove the film. Please speak with your Radiation Treatment care team if you would like to try applying the film again.

How Long Should You Use Mepitel

- Mepitel Film should stay in place during your radiation treatment.
- After treatment course ends, patients will need to remove the film and apply a new film to stay on for another 2 weeks.

Care Instructions for Areas Covered by Mepitel Film



- Do not soak in water as it may damage the film.
- Avoid heavy exercise or sweating too much (this may cause the film to peel off).
- You may shower, but take care to avoid direct water spray on the film.
- After showering, gently pat the film dry. Do not rub the area with the towel.
- If small parts of the film peel off, you can trim them with scissors.



A small number of patients may have an allergic reaction to the film. If you see redness or feel itchy within 1-2 days of applying the film, please take it off and tell your radiation care team.

Finding Mepitel Film Near You

There may be other places to buy Mepitel Film and some locations may offer to apply it for a fee.

Delta

Bowers Medical Supply

Address: 7198 Progress Way

Phone: 604-946-7712

Kelowna

Dyck's Pharmacists

Address: 460 St Paul St

Phone: 250-762-3333

Lakeside Pharmacy

Address: 2365 Gordon Dr #112a

Phone: 1-888-222-9002

Victoria

Heart Pharmacy IDA

Address: 3825 Cadboro Bay Rd

Phone: 250-477-2131

Nightingale Medical Supplies

Address: 815 Bay St

Phone: 250-475-0007

Online

Please ensure if purchasing online, to use the Molnlycke brand Mepitel Film

Langley

Nightingale Medical Supplies

Address: 19909 64th Ave

Phone: 604-427-1988

Prince George

MEDIChair North BC Medical Supplies

Address: 849 2nd Ave

Phone: 250-562-8280

Vancouver

MacDonald's Prescriptions, Fairmont Medical Building

Address: 746 W Broadway St

Phone: 604-872-2662

Lancaster Medical Supplies and Prescriptions

Address: 601 W Broadway #1

Phone: 604-873-8585

Nightingale Medical Supplies

Address: 785 W 16th Ave

Phone: 604-563-0422

Other Information
