

Breast Screening Reminder

16 Aug 2024

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VANCOUVER, BC V5Z 1G6

Dear Test [REDACTED] fn,

It's time to book your next screening mammogram. Screening mammograms can find breast cancer early – when there are more treatment options and a better chance of survival.

I currently have a primary care provider:

Book your Breast Screening Appointment Online

Go to: screeningbc.ca/bookbreastscreening



Your booking code:

0 [REDACTED] 2-B1C-C1M

You can securely and conveniently search for available appointments at breast screening centres and mobile mammography stops throughout the province. You can also sign up for text message reminders and reschedule existing appointments. Eligibility conditions must be met in order to book online. Please review the eligibility questions at the beginning of the online booking process and follow the instructions accordingly.

I currently do not have a primary care provider:

Visit screeningbc.ca/breast/get-screened for primary care provider options that support screening, then contact a screening centre near you at screeningbc.ca/breast/clinic-locator

Please disregard this notice if screening is not appropriate at this time due to your current health circumstances. If you have any questions or concerns about your health circumstances or to learn about the benefits and limitations of screening mammography, please speak with your health care provider.

I hope you will consider booking your mammogram today.

Sincerely,

Dr. Charlotte Yong-Hing
Breast Screening Medical Director

When should I go for my mammograms?

If you have one 1st degree relative (mother, sister, daughter, father, brother, son) with breast cancer you should have a mammogram every year. If you don't have a family history of breast cancer, you can have a mammogram every 2 years.

Are there situations where I should not be getting a screening mammogram?

If you have been either diagnosed with breast cancer, have breast implants, are pregnant, been breastfeeding within the last 3 months, or have had breast surgery in the last 3 months, then screening may not be right for you at this point in time. Please speak with your health care provider to discuss your screening options.

I can't find any available appointment times at my preferred Breast Screening Centre. What should I do?

Some Breast Screening Centres are experiencing lengthy wait-times. You may need to search several months from the current date to see available appointments. Alternatively, you could search for appointment times at other Breast Screening Centres near you.

Is the mobile mammography unit coming to my community?

Please visit the Clinic Locator at screeningbc.ca/clinic-locator for an up to date schedule.

I've noticed some changes in my breast. What should I do?

If you notice any new changes in your breast such as a lump or nipple discharge, please speak with your health care provider immediately to determine if other testing is required, even if you have an upcoming appointment. Screening mammography is a non-urgent test that is intended for those with no symptoms.

Questions about booking an appointment or notifications?

Please visit screeningbc.ca/breast or screeningbc.ca/notifications for more information.

Your personal information is collected and protected from unauthorized use and disclosure, in accordance with the BC Freedom of Information Protection of Privacy Act, and may be used and disclosed only as provided by this Act. The personal information is used to provide medical services, and to provide Breast Screening Program support to patients. The information collected is used for quality assurance management and disclosed to healthcare practitioners involved in providing care or when required by law. In addition, the Breast Screening Program will advise patients of results, remind patients and their primary care providers about rescreening or follow-up, and will conduct and monitor quality and performance of the screening process.

Any questions regarding the collection of the information by BC Cancer can be directed to: 801 – 686 West Broadway, Vancouver BC V5Z 1G1, or email: screening@bccancer.bc.ca. If this information is received in error, please contact the sender immediately.