

Complete and return your cervix screening kit today.

Hello Jane Sample,

We sent you a cervix self-screening kit in May 2026 and haven't received it back yet. We wanted to reach out to see if we can support you in any way with screening. If you've already completed and returned your kit, please ignore this message.

The self-screening kit is an alternative to the Pap test that lets you screen for cervical cancer. With cervix self-screening, the power to screen is in your hands.

The self-screening kit is:

- **Very easy to complete:** only takes 20 seconds to collect a good sample
- **Safe and not painful:** a sample from your vagina (not your cervix) is all that's needed
- **Private:** can be completed where you feel most comfortable; and,
- **Quick:** get your results in weeks.

Don't delay – complete your kit today and stay up-to-date with cervix screening.

If you have any questions about cervix self-screening, please don't hesitate to get in touch with us by phone (1-236-788-0067) or email (cervixkitreturn@bccancer.bc.ca).

Cervix screening has never been easier. We hope you will take care of your health and complete cervix self-screening.

Sincerely,

Cervix Screening Program

screeningbc.ca/cervix

Don't want to receive future emails from the Cervix Screening Program? Please reply to this email with "STOP" or "UNSUBSCRIBE".