

**Colon Screening Reminder**

24 September 2025

JOHN SAMPLE  
123 ANY STREET  
ANY CITY, BC V1V 1V1

Dear John,

Our records indicate you are due for colon screening. According to our records, your last colon screening occurred on: 24 September 2023.

The BC Cancer Colon Screening Program recommends that you continue to protect your colon health by taking the at-home fecal immunochemical test (FIT). FIT is a safe and painless screening test you can do in the privacy of your home.

Please choose one of the following options based on your health situation:

<b>Option 1</b>	If any of the following apply to you:  You recently completed a FIT, or you have had a colonoscopy within the last ten years. Have a 1 <sup>st</sup> degree relative (parent, sibling, child) with colon cancer diagnosed when they were younger than 60, or, two or more 1 <sup>st</sup> degree relatives with colon cancer diagnosed at any age. Have a personal history of adenomas (i.e. pre-cancerous polyps). Have a personal history of Crohn's disease or ulcerative colitis. Currently have blood in your stool, abdominal pain, change in bowel habits, or unexplained weight loss.  <b>Please do not complete the FIT. Please speak to your health care provider to discuss whether screening is right for you.</b>
<b>Option 2</b>	Otherwise, please take the lab requisition form found on the back of this letter to any lab in BC to pick up your test. A list of lab locations can be found at <a href="http://www.screeningbc.ca/colon">www.screeningbc.ca/colon</a> .  Many lab locations will require you to make an appointment to pick up the test kit.  You will be unable to pick up a FIT kit at the lab if your patient information or ordering provider name on the requisition is out of date. If anything is incorrect, please call 1-877-702-6566.

Screening can prevent colon cancer by finding polyps (small growths) before they turn into cancer. If colon cancer is detected at its earliest stage, the chance of survival is more than 90 per cent.

If you have any questions about colon screening, please visit [www.screeningbc.ca/colon](http://www.screeningbc.ca/colon). I hope that you will take a positive step for your health by getting screened today.

Sincerely,

Dr. Jennifer Telford  
Medical Director  
BC Cancer Colon Screening



STANDARD OUT-PATIENT LABORATORY REQUISITION

ORDERING PRACTITIONER: ADDRESS, PHONE, MSP PRACTITIONER NUMBER

Yellow highlighted fields must be completed.

For tests indicated with a blue tick box, consult provincial guidelines and protocols (www.BCGuidelines.ca)

Bill to MSP ICBC WorkSafeBC PATIENT OTHER:

PERSONAL HEALTH NUMBER ICBC/WorkSafeBC NUMBER LOCUM FOR PRACTITIONER AND MSP PRACTITIONER NUMBER:

LAST NAME OF PATIENT FIRST NAME OF PATIENT If this is a STAT order please provide contact telephone number:

DOB SEX Pregnant? Fasting? h pc Copy to PRACTITIONER/MSP Practitioner Number:

PRIMARY CONTACT NUMBER OF PATIENT SECONDARY CONTACT NUMBER OF PATIENT OTHER CONTACT NUMBER OF PATIENT Copy to PRACTITIONER/MSP Practitioner Number:

ADDRESS OF PATIENT CITY/TOWN PROVINCE POSTAL CODE

DIAGNOSIS CURRENT MEDICATIONS/DATE AND TIME OF LAST DOSE

Hematology, Urine Tests, Chemistry sections with various test options and checkboxes.

MICROBIOLOGY - LABEL ALL SPECIMENS WITH PATIENT'S FIRST & LAST NAME, DOB, PHN & SITE

Routine Culture, Vaginitis, Group B Strep Screen, Chlamydia & Gonorrhoea, Gonorrhoea Culture, Stool Specimens, Dermatomycetes, Mycology sections.

Other Tests - Standing Orders Include expiry & frequency. Includes ECG, FIT, and other screening tests.

This requisition is for FIT only. For Lab Staff: If unable to accession the requisition due to incomplete or inaccurate patient or provider information, please direct the patient to contact the Colon Screening Program for a new requisition 1-877-702-6566.

SIGNATURE OF PRACTITIONER DATE SIGNED

DATE OF COLLECTION TIME OF COLLECTION COLLECTOR TELEPHONE REQUISITION RECEIVED BY: (employee/date/time)

INSTRUCTIONS TO PATIENTS (See reverse) Other Instructions: